

THE VILLAGE NEWS

Summer 2020

There is always,
always, always
something to be
thankful for!



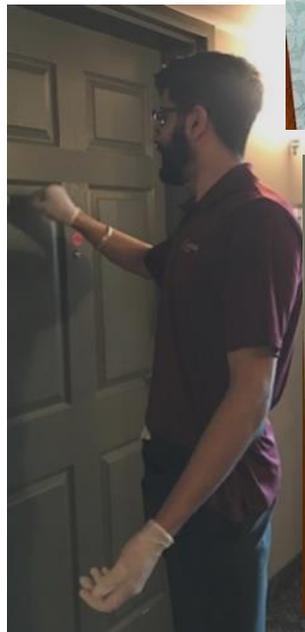
To: ALL STAFF
THANK YOU -
for your faithful Service
THANK YOU -
for your Smiles (no noses)
We LOVE YOU - GMS & Guys!



KEEP SMILING



Thank You



The more you
Smile and love
your neighbours,
the more love
will spread.

THE VILLAGE NEWS



Welcome



CVI

Ken & Norma Drepaul
Doris Onishko
Doreen Peters

CVII

Beverly Kuchar
Helen Goldstrand
Shirley Barrett
Waldemar Schmidt
Iris & Henry Taraschuk

CVIII

Hazel Dunlop
Madeleine Morrison
Arlene Starr
Cindey & Bernard Paseluikho

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Chaplain's Corner by Hermann Dueck

Dear Residents and fellow Employees of Concordia Village!

By now it is over three months that we find ourselves in this drawn-out lockdown because of COVID-19. It has been and continues to be a challenging time for employees and residents alike. I believe we have done well handling the many stresses this situation has triggered. Our Province has done well also. At times, I am sure patience runs dry. I have my moments like that. When that happens, we take stock and replenish our patience and we move on one day at a time.

We are happy that things are loosening up to some degree. We enjoy having social events again such as church services, entertainment, and exercise groups in the context of current guidelines set out by healthcare officials.

As I reflected on my experience of this time a few things came to mind; things that were difficult but also things that were good. Not having worship services, not being allowed to visit our residents in hospital, refraining from socializing with friends, all the precautions that I had to adhere to tested my patience at times.

But as it usually (maybe always) is, good things come out of difficulties sometimes referred as disguised blessings. I became a bit more creative in my work. I wrote a weekly reflection, I visited most every resident or talked on the phone, I was more intentional in connecting with families of residents in hospital or at the time of death. These connections happened by phone. Since we are not having our birthday tea on a monthly basis as a community, I have been calling residents on or close to their birthdays. I am grateful that these and other efforts have been well received.

Personally, I paid more attention to my inner life during this time. I read some amazing books spending my evenings. I reflected more on our human limitations. I also watched quite a few wonderful movies.

Reflecting on this time, I am once again amazed about the resiliency of the human spirit. We can handle challenges; especially when we stand together and support each other.

A passage of Scripture that has proven helpful to me comes from the book of *Lamentations* written by the prophet Jeremiah. Jeremiah lived through the conquest of his country by the Babylonian Empire. He witnessed the destruction of his beloved city of Jerusalem, the destruction of the temple, he saw hunger, violence and a lot of devastation. He witnessed a lot of suffering. The events could have been similar in nature to the ones taking place in Syria during the last eight years.

This difficult experience prompted Jeremiah to write 5 chapters of laments. He lets it all out. It is one lament after the other. It is heavy reading. But suddenly, in the midst of all that complaining he interjects these words. *Yet this I call to mind and therefore I have hope: because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness* (3:21-23). May these words encourage you as well!

Love, your chaplain,
Hermann.



Food Services News by Carla Mendres

Well, I can't say I anticipated the months of March, April and May to unfold as they did ! To say this has been a whirlwind is the understatement of the year! I am most grateful for my AMAZING food services team members who have rallied to ensure our services maintained continuity during some very difficult times. I've always felt blessed to have the team I do but even more so now that I've seen them navigate through this pandemic with aplomb. We've been reviewing and changing our processes and procedures daily and they've maintained their flexibility, kept their cool and have been offering lots of clever ideas and resources. I couldn't be more proud at how they've truly come together and united to ensure we're providing you with the best possible service under the circumstances.

I'd like to thank YOU all as well for your continued patience as we make necessary changes. It's been hard not being able to communicate with you en masse. I've been thankful to have chats with many of you from a distance in the hallway but it's been very odd for me to not have my regular contact each day! I know you've been feeling isolated and it is tough on us, too. We MISS you because we love you! Because I haven't been able to chat with you the way I normally do, I want to let you know how hard we are working behind the scenes to keep things as "normal" (whatever that may mean!) as possible. Initially I wasn't able to send out side salads

because I first had to ensure a steady supply of packaging, which I was able to do with the help of trusted suppliers with whom I have built solid relationships. We also didn't have time for a while to print and deliver menus as we were focusing all of our efforts on changing overnight from dining room service to meal delivery. It was hectic but now we are slowly getting into a new groove and finding a new routine.

Thank you also for the heartwarming messages of gratitude and "love letters" we have received and for the ones that many of you have posted on your suite doors. I simply cannot emphasize how much that means to us and your expressions of gratitude are impetus for us to strive even harder to respond to your needs. Each one of those notes put a huge smile on my face.

We've tried to keep spirits bright by coming by with little treats when we find some "free" time (which is a precious commodity these days!) and we hope you've enjoyed them. We've had so much fun on ice cream days just being able to share our smiles with you and hopefully bringing smiles to your faces in return!

In the twelve years I've been here I've always maintained that we have a family feeling here at the Village and for me, the bonds have never been stronger. We ARE a family and we will do anything and everything we can to protect our family of Residents and Staff.

May this window of time be nothing more than a bad memory in the very immediate future! In the meantime, be kind to yourself, be kind to others, practice self-care, reach out when you feel sad, vulnerable or lonely to a phone buddy or to us. It is easy to go down the proverbial "rabbit hole" of news when a crisis of this magnitude is unfolding but don't allow yourself to be completely consumed by it. Maintain your hobbies, read, do puzzles, watch programming that encourages and inspires you. Most of all, stay positive! We're in this together!



Nursing Office *News* by Rachelle



Dynacare Lab

House call appointment:
To make an appointment for a
Dynacare Lab house call,
please call:
1-800-565-5721 ext. 7244
House call visits to Concordia Village
are \$35 per visit.
Lab requisitions from your
doctor are required.

Health &
Wellness

Virtual Doctor Telephone Calls

Dr. Shawn Thomas from Concordia Health Associates will be providing virtual telephone calls to Concordia Village residents.

Virtual telephone calls will be available

Monday, Tuesday, Thursday & Friday: 8:00 a.m.- 4:00 p.m.

Wednesdays 2:00 p.m.-4:00 p.m.

Please contact Rachelle: nursing office: 204-667-6479 ext. 5260
to arrange a telephone appointment with the doctor.

In case of an Emergency, please press your lifeline or call 911.



Office Hours & Phone Number

The nursing hours are
distributed monthly. If you have any
questions or concerns,
please call the office:

204-667-6479

ext. 5260

Nurse Rachelle



Conditions that can cause blood in your urine

You may not always know that you have blood in your urine. Sometimes there is so little, it only shows up under a microscope. However, when you can see it, it can be alarming. You should always inform your doctor if you suspect blood in your urine. Your doctor will examine you and may test your blood, order a CT scan or an MRI. The following are some examples where you may see blood in your urine.

-Urinary Tract Infection (UTI): Occurs when bacteria infect the bladder or urethra. Along with seeing blood, you may feel burning/urgency when you urinate.

-Kidney Infection: Similar to a UTI, but you are more likely to have pain in your sides.

-Swollen Prostate: Infection, surgery or a sudden hit to this gland located near a man's bladder, may inflame it and cause blood in urine. It may be painful to urinate.

-Kidney Inflammation: It can damage the filters in your kidney and urine may have blood or look foamy and brownish. It is detected in a urine test.

-Polycystic Kidney Disease: A generic disease that causes small fluid like cysts to grow on your kidneys; they can damage the kidney and cause blood in your urine. Other symptoms include: bigger belly, numerous UTI's, back and side pain.

-Inherited Diseases: Such as Sickle Cell Anemia, Hemophilia or Alport Syndrome.

-Kidney Stones: Are formed in your kidneys when your body has too much calcium; they cause pain in your back near your hips and ribs and you may see blood your urine.

-Medications: Some drugs, such as antibiotics, cancer medications, aspirin or blood thinners can cause blood in your urine.

-Trauma: A hard hit to your lower back area, a fall or a car accident, can make blood show up in your urine.

-Cancer: Blood in your urine is a key sign of bladder cancer. It may also be a sign of kidney or prostate cancer. (MedicineNET; WebMD, 2020.)



Office Hours & Phone Number

The nursing hours are distributed monthly. If you have any questions or concerns,

please call the office:

204-667-6479

ext. 5260

Nurse Rachelle



Tenant Resource & Recreation News by Mandy, Gabby, Ilona & Team



Wow what a crazy three months we've had. A sincere **THANK YOU** to all of you that took the time to write notes of love on your door for staff to enjoy!
They meant the world to us and sure helped give us a boost in the middle of it all!

We are VERY happy to now have entertainment, exercises and our CV store back up and running. Slowly, we hope to have more programs starting again soon, but must be cautious with the provincial guidelines in place. With the beautiful weather it's great we can all get outside and ENJOY summer!

Just so everyone is aware, Mandy Tremblay is the new Director of Tenant Resource Services here at Concordia Village. If you have any questions, or concerns at any time, please come and visit her at her office located in CVI, behind the reception desk, or call her at 204-667-6479 extension 5228.

We are looking for CVI meal delivery volunteers to deliver dinner to Residents who are not able to come down to the dining room due to not feeling well, or coming home from the hospital. Please let the CVI Reception know if you are willing and able to help!

Upcoming Events

****Please remember to call the front desks to sign up for entertainment**

July 7 & 9 Cindi Cain

July 14 & 16 Muddy Water Gold Band

July 22 **Come and Go Retirement Party for Corinne Mooring**
11:00 AM - 2:00 PM in the Village Centre

July 21 & 23 Leo Gosselin

July 28 & 30 The Irish Cowboy

August 4 & 6 Barley Mow Band

August 11 & 13 The Matchstalk Men

August 18 & 20 Haskins Street Band

August 25 & 27 Fire & Ice



Check out our monthly calendars for upcoming entertainment and programs!

Resident Garden Plots
 Our residents work very hard to keep their vegetables, fruits, and flowers healthy. **Please DO NOT PICK ANYTHING THAT DOES NOT BELONG TO YOU.**



****Families****

Please remember to update Reception of any changes to your contact information, so that we have your current phone numbers and email addresses.



In August, we will be welcoming a new Director Of Finance Services at Concordia Village– Derek Reimer. Bruce Henderson, the previous director, retired in June of this year.

IMPORTANT PHONE NUMBERS AT A GLANCE:

| | |
|--|------------------------------------|
| AFTER HOURS Building Services..... | 204- 667- 6479 ext 5272 |
| HEALTH EMERGENCIES..... | 911 |
| Reception, 8:00 AM to 4:00 PM , Monday to Friday..... | 204-667-6479 |
| CVI..... | ext 5221 |
| CVII..... | ext 5222 |
| Chaplain..... | ext 5241 (Hermann) |
| Nurse | ext 5260 (Rachelle) |
| Director of Environment Services | ext 5258 (Ernie) |
| Assistant Directors of Environmental Services- Maintenance | ext 5264 (Glen) |
| - Housekeeping | ext 5223 (Tammy) |
| Director of Tenant Resource Services..... | ext 5228 (Mandy) |
| Recreation..... | ext 5229 (Gabby/Ilona) |
| Director of Finance and HR Services..... | ext 5224 (Derek) |
| Director of Food Services | ext 5227 (Carla) |
| Silva's Styling Hair Salon..... | 204-415-7751 (Silvana or Carla) |

Assisted Living Plus

| <u>Services</u> | <u>Contact Name</u> | <u>Phone Number</u> |
|---|---------------------|---------------------------|
| Registered Nurse On-site | Rachelle Reitmeier | (204) 667- 6479 Ext. 5260 |
| Victoria Lifeline | Service Desk | (204) 956-6777 |
| Visiting Pharmacist | The Medicine Shoppe | (204) 661-2121 |
| Visiting Pharmacist | Shoppers Drug Mart | (204) 669-1722 |
| Visiting Pharmacist | Munroe Pharmacy | (204) 669-1267 |
| Licensed Optician | A-Z Optical | (204) 667-6479 Ext.5260 |
| Liaison With Home Care | Mandy Tremblay | (204) 667-6479 Ext.5228 |
| Dental Screenings | Rachelle Reitmeier | (204) 667-6479 Ext. 5260 |
| Hearing Screenings and Hearing Aid Checks | Rachelle Reitmeier | (204) 667-6479 Ext. 5229 |
| Vision Screening | Rachelle Reitmeier | (204) 667-6479 Ext. 5260 |
| Flu Shots | Rachelle Reitmeier | (204) 667-6479 Ext. 5260 |
| Director-Tenant Resource | Mandy Tremblay | (204) 667-6479 Ext. 5228 |



Resident Advisory Council by Ed Blandford

When I accepted President of the Resident Advisory back in January, I had no idea the year was going to turn out the way it has. What a turmoil this COVID 19 has created. Having said that, I would like to take this opportunity, on behalf of every person living here at Concordia Village, to extend to the management team, our heartfelt thanks for the many ways they are committed to caring for us. I keep saying that we are taken care of and protected as well as, or better, than any facility of this nature. Everyone has been affected in some way. Our economy has been disrupted to a great extent, schools are closed, and children are at home with their parents in isolation, like we are. Everyone is asked to help their neighbour or the next town or city...wherever there is a need, we are encouraged to fulfill that need, if at all possible. By the time our lives are back to what they were, we will look in our mirrors and not recognize the person looking back at us (Smile).

Even our places of worship were closed; who would have ever thought that would happen? It was necessary to do this but that makes every day seem like the rest. Sunday has always been the day that separates the week for us. Those of us who attend worship regularly will certainly miss going to church on Sundays but if you're one of those who have a computer, you can see and hear many virtual worship services on YouTube every Sunday. When this pandemic started, everyone was screened when they came in our front doors to protect us from someone who might be carrying this virus. Our team meets every week, I understand, and then any problems encountered by any department are addressed. They discuss the virus and update each other on the latest news from the medical experts, from whom they take their direction. Later that week, we get a letter attached to our door clip, explaining the next steps we must take, going forward.

When the time came for visitors, family included, to not be allowed to enter our building, that was all for us and our protection. This is one good way to protect ourselves, the fewer people coming in from the outside, the greater the chances of controlling this dreaded virus. We were very surprised one day to receive "loot bags" of treats on our door!! The team even thought of that, which is something we really appreciated. Another day we received a bag of white cheddar popcorn. We're really going to be spoiled, aren't we?

Of course, there'll be some bumps along the way, that's to be expected with any new setup but we will have to show patience when this occurs. We know everyone is doing their very best for us.

Our chaplain, Hermann has also been very diligent in sending us letters of encouragement on a regular basis. These letters give us fresh insight, encouragement, and hope for the future and we need this to carry on.



Resident Advisory Council by Ed Blandford



Last but not least, we are very grateful for our meals being delivered to our suite every day. Those days we were missing the normal routine we had; missing our games, Trivia, Bible study and everything else that we participate in. So really the most we look forward to, is our meals. We hope they will be pleasing to our sight and delicious to our taste. If they run out of juice or the main entree, as is sometimes the case, it will be disappointing, but we will need an abundance of patience to cope with it all. Nothing is perfect! My father in law had a saying which he used when he knew anyone was going through a rough time so I will take the liberty of saying it here now. "THIS TOO SHALL PASS". I sincerely hope and pray that you are staying healthy as can be and that you will continue to practise physical distancing and strict hand washing after reading the paper, handling anything that someone else has touched, like our mail, and the railings in the hallways. We have a lot of people to watch out for. Not everyone may understand the meaning of this COVID 19 virus so if you're near that person, kindly take an extra minute to explain it all, making sure you keep your distance from them, leaving lots of space between you. It is our Christian duty to "Love our neighbour as ourselves" so it is up to us to put that saying into practise.

Before closing, I want to leave you with something funny... "Jane and John were having marital problems so they agreed to see a marriage counsellor to get some help. At the first session, Jane sat there berating John as hard as she could. Neither John nor the counsellor could get her to stop talking, so the counsellor got up, took Jane by the face and planted a big kiss on her lips. She immediately stopped talking. The counsellor then said to John, "Looks like this is the answer: she needs this twice a week." John listened carefully to everything the counsellor suggested and said "Is it ok if I bring her in Tuesday and Thursday?"

Ed Blandford

President,
Concordia Village Resident Advisory Council

STAMPS for FREEDOM by Lena Schapansky

Since Marian and I posted the signs and plastic bags for used stamps at our mailboxes it was a slow start, but as people become aware, it has increased. Please remember to carefully cut off the stamp or stamps leaving 1/4"-1/2" of paper on all sides.

The Canadian Bible Society reports: "Around the world every day people encounter the power of God's Word. That's because they receive Bibles provided by your support."

Thank-you for the support you give to this ministry.



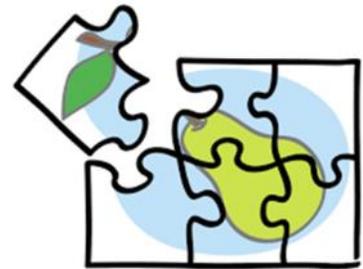
Resident Page by Marian Thiessen

Puzzles, Puzzles, and More Puzzles!

Our puzzles were very much used during our lockdown this spring. For awhile the shelves were looking quite empty, but now that we're out and about more, they've filled up again. It seems, however, that we're still waiting for the return of a few items - the box of missing pieces is missing! This is a plastic box with a blue lid. Your help in finding this is urgently needed. We are also still waiting for the return of some of our large piece puzzles. These items can be returned to the puzzle shelves on the second or third floor of Village II.

We gladly accept donated puzzles in good condition. They can be left under the table in the library on the third floor of Village II. We check them all before putting them out on the shelves so that each puzzle is bagged to prevent the pieces from getting lost. We also put a piece of paper into each box on which you are asked to let us know about the condition of the puzzle that you completed. You'll notice that the smaller puzzles are on the left shelving unit and the larger ones are on the right shelving unit. You've all been a great help in keeping our puzzle collection neat and organized.

Thank you very much!



Tabs for Wheelchairs

The annual June presentation ceremony for the specialized wheelchairs has been postponed to September or early October. No matter what, even if the pandemic puts a halt to this, Jasper and Isaac, who were introduced to you in the last newsletter, will receive their specialized wheelchairs in the coming months.

You may be interested to know that by the end of this year, Tabs for Wheelchairs will have presented 24 specialized wheelchairs through tabs and donations, as well as 15 extra wheelchairs from two very generous anonymous



donors. A total of 39 specialized wheelchairs have been given in the 22 years of this program! You have all changed a lot of young lives and you can be very proud!

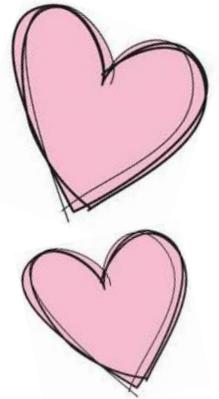
Thanks again to all of you for continuing to be faithful supporters of Tabs for Wheelchairs! An amazing job is being done by all and we are so very grateful for your participation!

Hallway Chatter By “Felix” - Eighth Edition

As we go through this trying time in our lives, I am sure all of us are thankful for our families. The following is a poem by Jill Wolf:

Why God Made Families

God made the world a wonderful place,
Blessed with beauty and filled with grace.
He made for us this special place
With mountains, forests, and fields to roam.
Then to provide the finishing touch
He gave us people who love us so much.
People who care, who guide and teach.
Children with tiny hands that reach.
Brothers and sisters to always share
The tears and laughter or just be there.
God made families to help the world grow
So His everlasting love would show.



The following “Let us give Thanks” in a time of pandemic was given to me for this newsletter by Frank and Wanda

Let Us give Thanks

For Eyes to See.. A child’s timid smile, an autumn’s bright spectrum of colour; sunlight shooting in rays from behind a cloud; a child perched happily on Santa’s knee; unspoken gratitude in the eyes of a stranger helped, an older child helping his younger brother or sister across the street; the admiration of one’s own children in an elderly person’s face; a calm sea beneath a starry winter sky; the bejewelled sparkle of fresh snow in the sun; the salute to the flag; a child leading grandfather by the hand.

For Ears to Hear.. The dissonant sounds of an orchestra tuning for the performance; the bird’s song greeting the dawn; the whispering voice of the one you love; a child’s excited voice upon waking; words of appreciation for a job well done; pines in the breeze; the forlorn sound of a distant boat’s fog horn heard passing in the night; a cat’s gentle purr; the blending of voice and instrument in a crescendo; car horns honking to praise the end of a conflict.

For taste to enjoy.. Homemade ice cream on a hot summer day; steak cooked on a charcoal grill; freshly brewed coffee; a cup of cocoa before a roaring winter fire; mom’s own pie; cool water on a hot summer’s day; freshly baked bread.

For Scents.. Fresh apples at the market; inside a cedar chest; freshly popped corn; the smell of wood burning on a chilly morn; the earth after a rain; freshly mowed grass; bunches of roses; chocolate brewing; a freshly powdered baby; a new Christmas tree; Thanksgiving turkey at home.

For Touch.. A tiny child’s hand in your own; a sweetheart on your shoulder; grass against bare feet; lips touching yours; a mother’s hand against your feverish brow; a friend’s comforting hand on your shoulder; a puppy’s head against your leg.

For Life.. Itself -- and the myriad opportunities of loving and being loved, of giving and receiving, of serving and being served, of living in a free country, where one’s horizons are limited only by one’s talents and visions.

Hallway Chatter By “Felix” - Eighth Edition

Our charitable donations are given ‘to those who need, from those who care’ sponsored by the Concordia Village Resident Advisory Council

On May 3rd cheques in the amount of \$250 were mailed to all the charities we sponsor:

1. Agape Table
2. Eden Foundation
3. Feed my Lambs
4. Jocelyn House
5. Lighthouse Mission
6. Local Investment toward Employment
7. Main Street Projects
8. Salvation Army
9. Siloam Mission
10. Winnipeg Harvest
11. Winnipeg Inter City Missions
12. Winnipeg Free Press Sunshine Fund (to be mailed later)



On behalf of our President Ed Blandford, our Vice-President Hildegard Epp, our Treasurer Arnold Page, and all the members of Council, we would like to thank you all for your continued support.

At a time when we all need some good cheer the following poem is for all:

Be of Good Cheer—There’s Nothing to Fear!

Cheerful thoughts like sunbeams lighten up the “darkest fears”
for when the heart is happy there’s just not time for tears—
and when the face is smiling it’s impossible to frown
and when you are “high-spirited” you cannot feel “low-down” -
for the nature of our attitude toward circumstantial things
determines our acceptance of the problems that life brings.
And since fear and dread and worry cannot help in any way,
it’s much healthier and happier to be cheerful every day—
and if you’ll only try it you will find, without a doubt,
a cheerful attitude’s something no one should be without—
For when the heart is cheerful it cannot be filled with fear.
And without fear the way ahead seems more distinct and clear—
and we realize there’s nothing we need ever face alone
for our Heavenly Father loves us and our problems are his own.

Hallway Chatter By "Felix" - Eighth Edition

On behalf of the Concordia Village Resident Advisory Council (of which I am a member and serve as your treasurer) and all the residents of Concordia Village, I thank all staff for all they do and will continue to do until this very trying time in our lives is over.

Special thanks for Pastor Hermann for his kind thoughts and prayers.



The geese are back
Summer is here
Trees will be leafing soon
Flowers will start to bloom
And somehow life goes on.

The mind puzzles are great
The exercises will keep us in shape
The little bag of cheer—a real treat



Requests and Suggestions:

Residents are encouraged to fill out the Request and Suggestion forms on the tables in the dining rooms. Please fill these out if you have any requests, suggestions, complaints or compliments and drop the form through the appropriate slot in the mailroom.

This is one of many ways we invite your feedback.

Please be assured that Mandy reads **all** Suggestion and Request forms that are handed in and then forwards them to the appropriate Director for review and action.

Resident Advisory Council 2020

Concordia Village Resident Advisory Council

Please find below, all the Residents on the Resident Advisory Council for 2020.

| | | | |
|------------------------|--------------|-------|-----|
| President: | Ed Blandford | CVII | 321 |
| Vice President: | Hilda Epp | CVII | 101 |
| Treasurer: | Arnold Page | CVII | 204 |
| Past President: | Jane Luchak | CVIII | 357 |



Members at Large:

CVI

| | |
|-------------------|-----|
| Olga Michalchuk | 322 |
| Harry Nightingale | 321 |
| Tony Lefko | 132 |

CVII

| | |
|-----------------|-----|
| Don King | 101 |
| Audrey Borody | 222 |
| Jeanne Witwicki | 117 |
| John Tytgat | 328 |

CVIII

| | |
|------------------|-----|
| Carole Beek | 265 |
| John Bergen | 170 |
| Peter Czayka | 353 |
| Lillian Lafleche | 267 |



In Memory

Please remember the following Residents who have passed away since June. Our thoughts are with family and friends of each person.



CVI

Pat Emerson
Steve Romas
Anne Arnold
Connie Malley
Bernice Wasylishen
Dorothy Share

CVII

John Klassen
Hilda Klassen
Pearl Silver
Jim Baty

CVIII

Christel Czayka
Frances Fediuk
Ethel Calnek
Betty Wohlgemut
Lois Green
Mary Funk

Resident Advisory Council

PURPOSE OF THE “RESIDENT ADVISORY COUNCIL” (All Residents):

All Residents are automatically members of the Resident Advisory Council, which provides opportunities to recommend service improvements.

Residents may also choose to initiate or organize recreational activities of Concordia Village; such as welcome new Residents to the Village, extend well wishes and support to those in Hospital, initiate or organize fundraising activities (e.g. 50/50 raffle), and ushering at Village Centre events. Funds are used to augment Village activities or donated to selected charities.

The Council meets at least quarterly to provide an opportunity for regular discussion on matters of interest or concern to Residents.

PURPOSE OF THE “RESIDENT ADVISORY EXECUTIVE”:

The Resident Advisory Executive serves the same purpose as the Council, but meets between quarterly meetings when that is needed.

The Executive are nominated and elected by Concordia Village Residents (the Council), as follows:

Position:

- President, chairs all Council and Executive meetings,
- Vice-President, may chair meetings on behalf of the President,
- Treasurer, serves as treasurer of any resident-specific funds,
- Past President, provides background on issues as needed,
- Concordia Village I Members-at-Large (3-4) Residents,
- Concordia Village II Members-at-Large (3-4) Residents, and
- Concordia Village III Members-at-Large (3-4) Residents.

Nominated and Elected By:

- All Residents
- All Residents
- All Residents
- All Residents
- Village I Residents
- Village II Residents
- Village III Residents

Elections are held annually, in January, with one-year terms running from January 1 to December 31.



Volunteer Groups

At Concordia Village we have SO many Residents that volunteer daily to make everything run smoothly! This page is to acknowledge our hard working Volunteers and to advertise for any new Volunteers needed.



Our Meal Delivery Volunteers take turns delivering meals to Residents that are temporarily not well enough to come to the Dining Room for supper.

Here is our list of Meal Delivery Volunteers:

CVI

Evelyn Kennedy
Barb Harron
Harry Nightingale

**We are in need of
more Meal Delivery
people in CVI. Please
talk to Terrol at CVI
Reception if
interested!**

CVII

Hilda Epp
Arnold Page
George Mulder
Gwen Aubertin
Ollie Safnuk

CVIII

Ruth Regehr
Mary Pauls
John Bergen
Joy Wright
Georgina Green

Our Outreach Volunteers:

CV I: Jim Ross, Olga Michalchuk

CVII: Hilda Epp, Audrey Borody, Jeanne Witwicki, John Tytgat

CVIII: Carole Beek, John Bergen, Peter Czayka, Lillian LaFleche

Every Sunday we have Volunteer Ushers at our Church service.

Our Ushers are:

Don King, Audrey Borody, Joan Baker, Arnold Page, Hilda Epp, Ruth Regehr, Lothar Regehr, Helen Ullyot, Lyle Wilcox, John Bergen, John Tytgat

We need a few more usher Volunteers.

If you are interested, please contact **Don King** at 204-663-8903.

Our Library keeps running because of our Library Volunteers:

Clara Brazeau, Ruth Regehr, Mary Pauls, Burt Mitchell & Harry Nightingale.

We could also use more Library helpers! If you are interested, please talk to Clara Brazeau in CVII 204-663-3786.

Bingo Volunteers:

Barb Harron & Tony Lefko



THANK YOU TO ALL OUR WONDERFUL VOLUNTEERS!
We Truly Appreciate each and every one of you!

CONCORDIA VILLAGE FIRE SAFETY TIPS

- ENSURE THAT YOUR STOVE/OVEN/TOASTER OVEN ARE TURNED OFF BEFORE LEAVING YOUR SUITE**
- DO NOT STORE ITEMS ON YOUR STOVE OR IN THE OVEN**
- IF YOU DON'T USE YOUR OVEN AND STOVE, WE CAN UNPLUG IT TO PREVENT IT FROM BEING ACCIDENTALLY TURNED ON**
- ENSURE CURTAINS AND DRAPES ARE A MINIMUM OF ONE FOOT ABOVE THE BASEBOARD HEATERS**
- KEEP ALL FURNITURE, SOFA, TABLES, BOOKSHELVES, BOXES, ONE FOOT AWAY FROM THE BASEBOARD HEATERS**
- ENSURE ALL ELECTRICAL/PHONE CORDS ARE ONE FOOT AWAY FROM THE BASEBOARD HEATERS**
- PLEASE CLEAN YOUR DRYER LINT TRAP BEFORE EACH USE**
- CANDLES ARE NOT PERMITTED**
- REAL CHRISTMAS TREES ARE NOT PERMITTED**
- ENSURE CHRISTMAS LIGHTS ARE IN GOOD REPAIR PRIOR TO USE. PLEASE UNPLUG CHRISTMAS LIGHTS BEFORE LEAVING YOUR SUITE**
- PLEASE FAMILIARIZE YOURSELF WITH CONCORDIA VILLAGE'S FIRE SAFETY PLAN**
- PLEASE ATTEND OUR ANNUAL RESIDENT FIRE AND LIFE SAFETY INFORMATION SESSIONS**
- IF YOU HEAR THE FIRE ALARM SOUNDING, PLEASE TREAT IT AS A REAL FIRE AND FOLLOW CONCORDIA VILLAGE'S FIRE SAFETY PLAN**



From time to time our Residents may want extra cleaning services beyond those included in our regular weekly housekeeping duties.

HOUSEKEEPING SERVICES

- 1) LAUNDRY – WASH/DRY/FOLD SERVICE \$ 30**
- 2) ½ DAY EXTRA CLEANING SERVICE WOULD INCLUDE;**
- MOVE FRIDGE & STOVE (CLEANING BEHIND & UNDERNEATH
 - CLEAN THE INSIDE OF THE OVEN/FRIDGE
 - CLEAN THE KITCHENETTE
 - MOVE FURNISHINGS (CLEANING BEHIND & UNDERNEATH
 - INTERIOR WINDOWS CLEANED
 - WASH WALL MARKS IN ALL ROOMS
 - CLEAN ALL IN-SUITE VENTS
 - WIPE DOWN PICTURES
 - VACUUM FURNITURE **\$ 80**

Please talk to Tammy In Environment Services if you have questions or would like these services

@ 204-667-6479 extension 5223.

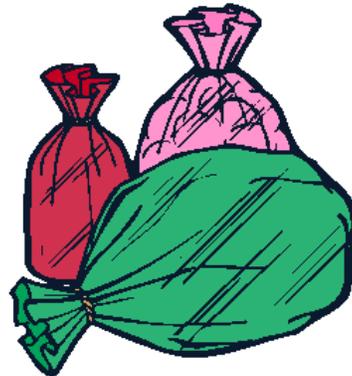


Garbage Pick-up Services

We ask all Residents to put out your garbage and recycling in front of your doors in the morning (not the night before).

There are 2 very important reasons we ask this:

1. We have many visitors that visit family and friends in the evening hours. Garbage and recycling bins in the hallways leave a messy impression for our visitors. Please make sure you bring your recycling boxes into your suite each day. Concordia Village is our home and we want it to stay beautiful.
2. Secondly, the garbage outside your door in the morning is the “Daily Safety Check” for you as Residents. It lets housekeeping staff know that you are up and ok. If the garbage is placed outside your door the evening before and something should happen during the evening or night, we would not notice this because your garbage was outside your door. Staff would only notice that something was wrong the following day when garbage would not have been put out. For everyone’s safety, we ask Residents to support our garbage pick-up routines.



CONCORDIA VILLAGE NO SMOKING POLICY

POLICY STATEMENT

SMOKING IS NOT PERMITTED INSIDE ANY OF OUR BUILDINGS, ADJOINING BALCONIES, PATIOS OR GROUNDS.

Concordia Village is smoke free – building and grounds. This is needed to eliminate fire hazards, irritation and known health risks of exposure to second hand smoke, and to avoid increased maintenance, cleaning and redecorating costs.

Concordia Village Tenant Resource Services screens to avoid incoming smokers during the pre-admission process.

Users of tobacco products must dispose of cigarette ends, lighters and matches in the containers supplied at each canopy of Concordia Village. This will help us keep a safe, neat and clean environment.

SCOPE - This policy applies to all Residents, family members, visitors, and guests.

ENFORCEMENT OF POLICY

Failure to comply with this policy will result in disciplinary action taken in the following steps:

1. Warning Letter to the Resident, with copies to their Family Contact(s)
2. Termination of Lease (with 60 days notice), with copies to Family Contact(s) – if there are any further contraventions of this policy after Step 1



Retirement.. A time to look back at your accomplishments, as you ponder the possibilities ahead.



HAPPY RETIREMENT

This summer we say "Happy Retirement!" to 3 of our Concordia Village Team members.

Eva Cunningham, Director of Tenant Resources for 14 years

Bruce Henderson, Chief Financial Officer for 11 years

Corinne Mooring, Administrative Assistant for 12 years





THANKS
TO ALL STAFF
YOU ARE DOING A
GREAT JOB
DONT KNOW WHAT
WE WOULD DO
WITHOUT YOU ALL
THANKS AGAIN



ALL STAFF
A BIG
"THANK YOU-"
FOR THE
CONTINUING GOOD
SERVICE!
AND FOR THE
SWEET TREATS
(TO KEEP US SWEET!!)



Concordia Village Management Team



What an amazing crew, each and everyone is. Your prompt attention to address whatever situation arises, is incredible. Your cool, commonsense approach and action is truly commendable. You are all superstars.

I simply watch from my special spot and truly enjoy all the simple effective resolutions you folks create, that are performed so neatly in such a quiet, efficient manner.

I call it my cheap entertainment, to see it all work out so easily and seamlessly. It's perfection in motion.

I feel so safe, secure and content in this wonderful little world you have created and properly care for.

I truly appreciate all the little things that everyone in the employ does every day. Believe me, when I say that you are all exceptional folk in my books, and I have the greatest respect for each one. You are memorable and commendable.

Spring will soon arrive, and " the Manitoba Lady Slippers " will poke their noses through the fertile soil in the woods once again, and all will be well in the universe, once more.



Congratulations to the Graduating Class of 2020!



14 of our dining room servers graduated from High School this summer! COVID may have altered some long standing traditions, but they were still able to celebrate together.

PUZZLES

Change One Letter

Make a word into a new word by changing one of the letters.

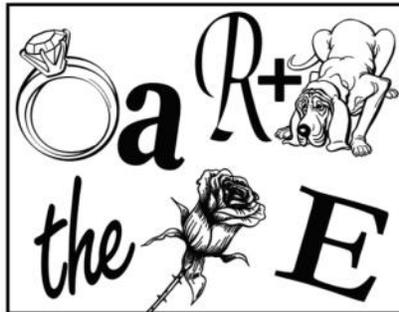
Example: bread breed (reproduce)

- | | | |
|-------------|-------|-----------------|
| 1. frown | _____ | (cultivated) |
| 2. create | _____ | (fold) |
| 3. wishes | _____ | (cups & plates) |
| 4. stout | _____ | (yell) |
| 5. string | _____ | (season) |
| 6. exude | _____ | (evade) |
| 7. space | _____ | (seasoning) |
| 8. boast | _____ | (bread) |
| 9. breed | _____ | (pumpnickel) |
| 10. squire | _____ | (parallelogram) |
| 11. compost | _____ | (create) |
| 12. branded | _____ | (interlaced) |
| 13. permit | _____ | (recluse) |
| 14. milder | _____ | (mold) |
| 15. pallet | _____ | (money holder) |

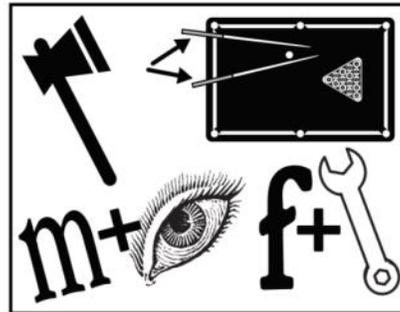


Concentration Puzzles

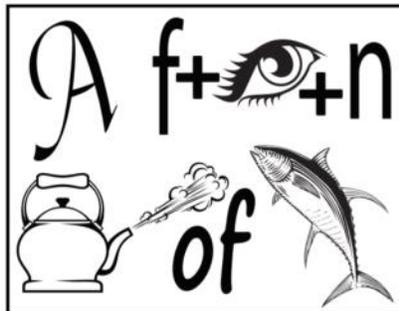
Use the visual clues in the puzzle to figure out what it says.



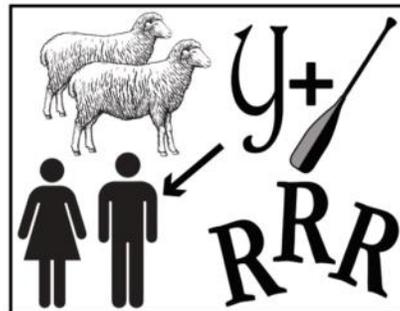
Puzzle #1



Puzzle #2



Puzzle #3



Puzzle #4

Wacky Wordies

Each of the puzzles below provides a visual representation of a common word or phrase.
Can you decipher the clues in each puzzle box?

ARSHOTM

1. _____

heart
heart
heart

2. _____

STO
N
E

3. _____

b
long
long
long
long

4. _____

one
won

roforkad

TZZZZ

5. _____

6. _____

7. _____

8. _____

CCCC
able

business

B B A R G
B B A R G
A R G G

9. _____

10. _____

11. _____

12. _____

GUN JR.

towthrowel

ANSWERS

Change One Letter

(solutions)

1. **g**rown
2. cre**a**se
3. **d**ishes
4. **sh**out
5. **sp**ring
6. **el**ude
7. sp**i**ce
8. **to**ast
9. br**e**ad
10. squ**a**re
11. compos**e**
12. bra**i**ded
13. **h**ermit
14. mild**e**w
15. **w**allet

Concentration Puzzle

(solutions)

Puzzle #1 Ring around the Rosie

Puzzle #2 Excuse my French.

Puzzle #3 A fine kettle of fish

Puzzle #4 Use your manners.

Wacky Wordies

(solutions)

1. A shot in the arm
2. Heart-to-heart
3. Cornerstone
4. Before long
5. One-on-one
6. A fork in the road
7. Tea for two
8. Son of a gun
9. Foreseeable
10. Unfinished business
11. Up for grabs
12. Throw in the towel

ORGANIZATION STRUCTURE

Updated June 29, 2020

Board of Directors

**Chief Executive Officer,
Les W. Janzen**

