



**I Spy Christmas Edition.** There are so many beautiful decorations out in the hallways right now. Wander the halls and see if you can find where these are!



**CVI**

Margaret Phillips  
Manfred Mahlberg  
Elma Jaques  
Myrna Ammeter  
Tina Wlasichuk  
Doreen Reimer  
Margaret Nardella  
George Sawatzky  
Sally Gauvreau

**CVII**

Lorraine Harder  
Sarah Friesen  
Beatrice Takacs  
Kaye Klassen & George Wiebe  
Michael Wilson  
Ruth Hand  
Margaret Kulchycki  
Noella Enberg  
Al & Pat Mackling  
Lucille Atamanchuk  
Hank Huber

**CVIII**

Shirley Scott  
Ruby Larson  
Jan Walkow  
Marie Enns  
Monika Sakuth  
Gerry Renaud  
Alex & Joan Strukoff

welcome



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## Dear Friends at Concordia Village!

Why do we tell the same story of Christmas year after year? Why do we tell stories at all? Every person, every culture has certain stories that are told again and again. Remember the stories mom or dad told or read to you again and again and you still wanted to hear them the next evening again? Our Indigenous brothers and sisters would tell stories that would go on for days. And sometimes the storyteller would say before they started a new story, "I don't know if it happened the way I will tell the story, but I know it is true."

Great truths are conveyed via story. The story might not be true factually, but it contains a powerful truth, nonetheless. Some parents, in my opinion, tell their children too soon that the story of Santa Claus is not true. It might not be true factually-although it has a historical origin-but it is as real as joy, generosity, and happiness.

Since the dawn of the scientific revolution a few hundred years ago we, in the Western world, began to believe that only facts are true. When people hear a story, the first question they ask in their minds is, "did it really happen the way it is told?" Now, let me be clear, facts are very important when it comes to provide a report for example. But when it comes to the genre of story, the appropriate question to ask is, "What is the meaning of the story?" That's the first question the Jewish people in Biblical times would ask when hearing or telling a story.

"What is the meaning?" When I began to read the Bible with this question in mind instead of always asking, "Did it really happen?" it became much more alive for me. I became much more open for mystery. We tell stories to convey deep truth. So, what then is the meaning of the story of Christmas? There is a lot there. Let me mention a few things. The story of Christmas is about peace on earth. Heaven and earth belong together. It is about us making room for God in our lives.



Remember, there was no room in the inn. It is about the marginalized – the shepherds – being the first to hear the good news of great joy, it is about light in the deepest darkness, and so on. The story is timeless and pregnant with rich meaning. And so we tell it again this Christmas.

Merry Christmas!  
Yours truly,  
Hermann

I would like to thank you all for your continued patience as we have made necessary changes. It has been hard not being able to communicate with you. I've been thankful to have chats with many of you from a distance in the hallway, but it's been very odd for us to not have regular contact each day! I know you have been feeling isolated and it is tough on us, too. We MISS you because we love you! Because I haven't been able to chat with you the way I normally do, I want to let you know how hard we are working behind the scenes to keep things as "normal" (whatever that may mean!) as possible. It was hectic for a time but now we have settled into a new groove and found a new routine. We eagerly anticipate the day we get to open up the dining room doors once again.

Thank you also for the heartwarming messages of gratitude and "love letters" we have received and for the ones that many of you have posted on your suite doors. I simply cannot emphasize how much that means to us and your expressions of gratitude are impetus for us to strive even harder to respond to your needs.

We have tried to keep spirits bright by coming by with little treats when we find some "free" time (which is a precious commodity these days!) and we hope you've enjoyed them.

Despite the strange times we are going through, it is important to know that we still want your feedback. Many of you may have had changing dietary needs and if you need to reach out for nutritional therapy, please do not hesitate to call me. We can chat over the phone or even arrange for a video chat if that is preferred. Additionally, if you want to limit your movement going into stores and our general store doesn't have something you're looking for, I am happy to order food and beverage items in for you from my suppliers.

I know some of you much prefer half orders at dinner time. We are going to make our best efforts to begin accommodating those requests. If you have other dinner requests, please call the kitchen at extension 5240 and speak with one of our team members directly.

May this window of time be nothing more than a bad memory in the very immediate future! In the meantime, until we can be together again, be kind to yourself, be kind to others, practice self-care, reach out when you feel sad, vulnerable, or lonely to a phone buddy or to us. It is easy to go down the proverbial "rabbit hole" of news when a crisis of this magnitude is unfolding but don't allow yourself to be completely consumed by it. Maintain your hobbies, read, do puzzles, watch programming that encourages and inspires you. Most of all, stay positive! We're in this together!



## Winter greetings to all our Residents.

On behalf of our entire Environment Services Team I would like to take this opportunity to greet all our Residents here at the Concordia Village and especially welcome our new Residents who have joined the Concordia Village community in 2020. We hope that despite all the logistical challenges, all the uncertainties and constant changing situations during this Pandemic that our Campus and we as staff have had a chance to make you feel welcomed and safe in your new Home.

It has been unquestionably one of the most difficult years I have ever experienced, and I am sure its true for many others in our world. Just like that our “normal” daily routines were no longer normal. Our need and desire for community and human interaction as we had come to know looked different. Hugging and kissing our Parents; our Children and Grandchildren was not recommended. Despite all the news and information on the COVID Virus it left us with more questions than answers as the year moved forward. But despite all the negative news and circumstances, we found ourselves having so many reasons to be grateful. Here we are at the end of another year with much to reflect on and even more to look forward to.

Our grounds were a healing and therapeutic enjoyment for us all despite the hot and dry conditions. As in past years, I would like to take a moment to thank the many Residents who took the time to beautify their balconies to add to the park like beauty of our campus. Our landscaping contractors made some significant improvements to our grounds at the main entrance of Building 1 and we look forward to the new look next summer.

### Housekeeping Services:

Our housekeeping staff would like to take this moment to thank our Residents for respecting the recommended social distancing during the weekly cleaning services. Due to the increased need for disinfecting and cleaning throughout the Pandemic we have not been able to free up staff for the many requests of the “Extra Cleaning” services normally offered. We hope to get back on track of being able to offer these extra services again in the coming year. We would also like to introduce and welcome our newest housekeeping staff member Cherry Olpindo to our Team.

### Maintenance Services:

We would like to thank our Residents for your patience and understanding as we completed our annual Fire/ Life safety equipment inspections. As we transition from the summer to the winter season, if you need some help in getting the temperatures set properly in your suite please let the Front Desk know who will notify the maintenance to come and help.

Trevor and Trigger were able to come onsite this past month to do our Campus wide Bed Bug inspection. We are very happy to share that we are Bed Bug free here at Concordia Village.



The winter and snow are here to stay so we have had to close our external walkway around our buildings for the safety of all our walkers.

We have added a service this year for our Residents who still have a car. Our team will clear the snow off the vehicles Monday – Friday. If it snows on the weekend and you need to drive, the cleaning will be left with the owners of the vehicle.

Security update:

We have successfully completed all the lock changes in our Buildings. We would like to thank you for your patience and support throughout the process. Our next security enhancement will be to redo the card swipe for the external door with better assignment of door access. The goal is for our Residents to have access to all external doors and family cards will have more limited access as needed. More information will follow once the new cards are ready.

CV I Lobby renovation:

We would like to share details about a small winter renovation project to the CV I front lobby. A new Front Desk for the Reception has been ordered and will be installed in early 2021. When we remove the old desk there will be a need to do some flooring repairs and wall repairs where the existing desk is so please expect to see the lobby without a reception desk for a few days when this change is being made. We are excited to see the new look.

Fire Safety reminder:

As we near the Christmas Season we would like to kindly remind our Residents that Concordia Village does not allow the use of candles due to the fire risk, battery operated candles are encouraged.

As we near the end of 2020, I would like to express my gratitude for your trust and support in our efforts to make your home comfortable and safe. I would like to wish each and everyone a wonderful Christmas. May the Love and Grace of our God Bless us all with good Health for the New Year 2021.

Respectfully

Ernie Goetz



## Reminiscing

Reminiscing can have many positive effects. Therapy using reminiscence is the use of life histories, both oral and written to improve psychological well being. This therapy relies on helping people remember past experiences through sight, sound, taste, or smell.

### The benefits of Reminiscing:

- Preserves family history: recounting past experiences can pass on valuable memories for future generations
- Helps improve quality of life: after remembering happy memories, people are often brighter and smile more.
- Reduces symptoms of depression: distracts from worrying and increases self esteem.
- Promotes physical health
- Works through unresolved conflicts: helps find closure allowing you to move forward to live in a healthier present.
- Eliminates boredom: memories can provide laughter and entertainment.
- Improves communication skills: provides an opportunity to practice communicating in a meaningful way.
- Reduces stress: by resolving issues from the past that may not have been dealt with before.
- Enhances self esteem: Reaffirms feelings of being important by reflecting on achievements.



### How to Reminisce:

- Look through old photographs & albums
- Relive holiday traditions
- Listen to favorite music; watch favorite movies





## Dynacare Lab

House call appointment:  
To make an appointment for a  
Dynacare Lab house call,  
please call:

1-800-565-5721 ext. 7244

House call visits to Concordia Village  
are \$35 per visit.

Lab requisitions from your  
doctor are required.

*Wishing you Health, Happiness & Peace in 2021*



### Office Hours & Phone Number

The nursing hours are  
distributed monthly. If you have any  
questions or  
concerns,

please call the office:

**204-667-6479**

**ext. 5260**



# Tenant Activity & Recreation by Mandy, Gabby, Ilona & Team



Our Concordia Village Store is always expanding! Make sure to check the daily activity boards for days and times that you can browse our selection. All essentials from masks, toilet paper, snacks, and everything in between. Our store operates in a safe, and clean environment. Masks are mandatory and we monitor to ensure that there are a limited amount of Residents browsing at once. Come on down to the Village Centre to check it out!

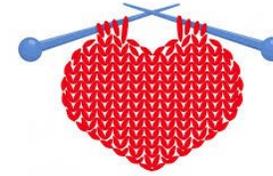


## KNITTING CLUB

Our knitting club works tirelessly all year to knit, crochet, and weave a lot of different items. You can currently find these items in the Village Store when it is open. We have plenty of hats, mittens, scarves, slippers and so on. Anyone can join the knitting club!

If you have any questions please feel free to call Gabby at ext. 5229.

If any of our knitters need more yarn for projects please come to the Recreation office across from the building 2 elevators.



### \*\*Families\*\*

Call the reception desk if you would like to receive emails with the latest news from Concordia Village regarding COVID-19, activity calendars, and newsletters.



### IMPORTANT PHONE NUMBERS AT A GLANCE:

<b>AFTER HOURS Building Services</b> .....	<b>204- 667- 6479 ext 5272</b>
<b>HEALTH EMERGENCIES</b> .....	<b>911</b>
Reception, <b>8:00 AM to 4:00 PM</b> , Monday to Friday.....	204-667-6479
CVI.....	ext 5221
CVII.....	ext 5222
Chaplain.....	ext 5241 (Hermann)
Nurse .....	ext 5260 (Rachelle)
Director of Environment Services .....	ext 5258 (Ernie)
Assistant Directors of Environmental Services- Maintenance .....	ext 5264 (Glen)
- Housekeeping .....	ext 5223 (Tammy)
Director of Tenant Resource Services.....	ext 5228 (Mandy)
Recreation.....	ext 5229 (Gabby)
	ext 5242 (Ilona)
Director of Finance and HR Services.....	ext 5224 (Derek)
Director of Food Services .....	ext 5227 (Carla)
Silva's Styling Hair Salon.....	204-415-7751
	(Silvana or Carla)

<u>Services</u>	<u>Contact Name</u>	<u>Phone Number</u>
Registered Nurse On-site	Rachelle Reitmeier	(204) 667- 6479 Ext. 5260
Victoria Lifeline	Service Desk	(204) 956-6777
Visiting Pharmacist	The Medicine Shoppe	(204) 661-2121
Visiting Pharmacist	Shoppers Drug Mart	(204) 669-1722
Visiting Pharmacist	Munroe Pharmacy	(204) 669-1267
Licensed Optician	A-Z Optical	(204) 667-6479 Ext.5260
Liaison With Home Care	Mandy Tremblay	(204) 667-6479 Ext.5228
Dental Screenings	Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Hearing Screenings and Hearing Aid Checks	Rachelle Reitmeier	(204) 667-6479 Ext. 5229
Vision Screening	Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Flu Shots	Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Director-Tenant Resource	Mandy Tremblay	(204) 667-6479 Ext. 5228





As I sit here writing this contribution to the winter newsletter, we are slowly moving into the month of December 2020. This month is always a period when joy, peace, hope, and love seem more prevalent than other times but lately when we look around us, there seems to be anything but peace and love. Our whole world seems like it is falling apart in front of us. Our fear seems to be heightened and our concerns are very genuine as we plod along in the COVID era. Every time we read a newspaper or turn on our news channels all we hear is sickness, disease, and more deaths every day. More than we want to acknowledge but it's all real, too real! Laws that are put in place for our benefit and well being are being ignored by so many people who have no regard for law or safety. Here in Manitoba, the law is being broken over and over, even in the name of God sometimes.

However, help is on the way and this time next year we hope COVID will just be a bad memory. There is positive news about vaccines which have been approved and soon ready to use. We just have to be more patient, positive, and hope filled. Many of us need to change our attitude. Somebody observed 'people change jobs, homes, and friends, but never think to change themselves. The bend in the road is not the end of the road unless you fail to make the turn.' Turning requires change. Winston Churchill once said "To improve is to change. To be perfect is to be changed often." The good news is that change is possible for all of us! We only have to change in the right direction. Life is all about choices. Everyday we make more choices than we realize. If we have improved our attitudes by renewing our minds, we will more likely make the better choices. We are like Robert Frost who wrote about choices:

I shall be telling this with a sigh,  
somewhere ages and ages hence;  
Two roads diverged in a wood and I-  
I took the one less travelled by,  
and that has made all the difference.



Christmas is coming in a few weeks or so, the season of Goodwill, hope and peace will be upon us. What we do with it is our choice. We can do nothing and stay the same or we can change our behaviour and put on our smiling faces and wish everyone we see "a very Merry Christmas", it may brighten someone's day! Put hope in your hearts as we light the first candle in our Advent wreath which signifies hope. The dictionary says hope is the feeling of something expected to happen, it is also trust. Without hope it is easy to be depressed, to feel down in the dumps, and to have a negative attitude so we are praying that every resident in this complex as well as every employee will experience the hope of Christmas this season.

We have much to be thankful for here in Concordia Village. First and foremost is our heartfelt thanks to the management team here for keeping us safe and healthy. It is amazing that COVID is not here in our building, obviously they are doing everything possible to keep it out and are making all the right choices. Then we have to salute the kitchen and dining room staff for their dedication to getting our meals to us on time and most always with a smiling face, which is good to see. It's probably the only one we see all day!

I have to end off with a funny story-

A little boy opened the old family bible and was leafing through its pages with fascination. Suddenly something fell out of the bible, he picked it up and looked at it closely. It was an old leaf from a tree that had been pressed between the pages.

"Momma, look what I found!" he called out.

"what do you have dear?"

With astonishment in his voice, the young boy called out "I think it's Adam's suit!"

On behalf of my family and me, I would like to wish you all a blessed Christmas and a wonderful, healthy, and happy New Year!

Ed Blandford



**Charitable donations to those who need from those who care.**

Sponsored by the Concordia Village Resident Council

AMOUNT COLLECTED		AMOUNT DISBURSED	
Balance Forward	\$ 63.71		
Nov. 7	\$144.35	Feed my Lambs	\$100.00
Nov. 13	\$ 64.80	Jocelyn House	\$100.00
Nov. 20	\$ 75.00	Lighthouse Mission	\$100.00
Nov. 20	\$ 55.00	Local Investment toward Employment	\$100.00
Nov. 27	\$108.80	Main Street Projects	\$100.00
Total	\$511.66	Total	\$500.00
Less Disbursements	-\$500.00		
Balance	\$ 11.66		

## Puzzles, Puzzles, and More Puzzles!

We currently have a great selection of puzzles thanks to the generous donations of some of our avid puzzlers. If you have some quality puzzles that you'd like to donate, you may leave them in the recreation office, since our usual drop off depot, the library, is temporarily closed. Please don't tape the boxes shut - it looks rather unsightly after awhile and it damages the box. Before putting them out on the shelves, we check them all so that each puzzle is bagged to prevent the pieces from getting lost. We also put a piece of paper into each box on which you are asked to let us know about the condition of the puzzle that you completed. Your help with this is very much appreciated.

Each of our puzzle display areas has a plastic container for pieces that have been lost and found. If you find any pieces that don't belong to the puzzle you're working on, please put them into one of these containers. If your puzzle is missing a piece, you just might be lucky and find the piece in one of these containers. Please return the container to the shelves promptly.

There are jigsaw puzzles in progress in many of the common areas throughout our buildings. You are very welcome to join in on the fun - it's a wonderful way to meet people. If you prefer to work on a puzzle by yourself, feel free to take one to your suite. We only ask that you return it when you are finished. Enjoy!



STAMPS for FREEDOM by Lena Schapansky

(Used stamps for Bibles)

Please save your used stamps to help someone  
who is waiting for their first Bible.

The average cost of a Bible through the Canadian Bible Society is \$5.00.

Used stamps sell for \$5.00 per pound.

**PLEASE SAVE YOUR STAMPS!**

Do not remove them from the paper. Cut them out, leaving at least 1/4" of paper on all sides. Then put them into the plastic bags on the bulletin board by the mail boxes. Thank you for your support!



## Tabs for Wheelchairs

Despite Covid-19, the Tabs for Wheelchair Program wrapped up the year with about 350 bags (approx. 10,000 lbs or 15 million tabs).

Western Scrap, the company that buys the tabs, paid 50 cents per pound, which is a lot more than the going rate. They gave the tabs program a cheque for \$5,638.00. Wesman Salvage in Brandon also forwarded a cheque for \$1,768.40 for the tabs they received.

At the present time, the price for aluminum is only 28 cents per pound. Because of this, it had previously been decided that in June 2021, **Ollie** will be the only individual receiving a specialized wheelchair.

**Isaac** received his red sport wheelchair in August and is enjoying it tremendously! **Jasper** only recently received his wheelchair. If we are able to have a 2021 assembly, Isaac, Jasper and their families will be present along with Ollie and his family.



Thank you to all the Residents, staff and their families who faithfully collect those little tabs from their aluminium beverage cans. Concordia Village donated 37 lbs of tabs! Well done!



The tabs can be deposited into the containers in the mailroom of CV1 and the lobby of CV3



# OLLIE

Ollie is a delightful 3½ year old who always has a friendly smile on his face. He lives in Lorette, Manitoba. Ollie was diagnosed shortly after birth with Microcephaly, which is a genetic disorder. Some characteristics of this condition are balance and coordination problems, hyperactivity, low muscle tone, spastic movements, and delayed motor and speech functions. Presently, Ollie is non-verbal and primarily tube fed.

Ollie also has a smaller than normal head circumference that probably will remain smaller than normal as he grows. As a result, his brain is underdeveloped.

When sleeping, he has difficulty breathing and needs a Continuous Positive Airway Pressure (CPAP) machine to get a good and restful sleep.

Ollie is a happy little boy and always very social! He loves to meet people and have other children play with him. One of his favorite exercises is standing up. He is so proud of himself!

He has a very special love for his dogs, Pitou, Pickles and Sox! He also enjoys watching Pingou, a penguin claymation cartoon.



**It will be our pleasure to  
present Ollie with a  
specialized wheelchair in  
June 2021,  
that will enable him to be  
more independent and  
mobile!**



*Tabs for Wheelchairs*

**On behalf of the Concordia Village Resident Advisory Council (of which I am a member and serve as your treasurer) I would like to take this opportunity to wish all our Residents Peace at this Christmas time. My thanks to Wanda and Frank Neufeld for their contributions to my Hallway Chatter.**

Give Me a Faith  
Garnett Ann Shultz

Give me a faith that I might keep  
However dark the day,  
That I might know that all is well  
Though weary be my way.  
Give me a hope to fill my heart  
To make each day worthwhile,  
A way to ease a troubled mind  
And teach me how to smile.

*Give me an understanding soul  
That knows a peace supreme,  
A quietness at close of day,  
A treasured worthwhile dream;  
A guiding hand that I may lend  
That others too might see  
And find the same in peaceful bliss  
That life has given me.*

Give me tomorrows, full and bright,  
A worthwhile task to do;  
Fill my todays with endless chores  
And make each gray sky blue.

*Help me believe that all is well  
Though troubles too may come,  
Just let me know that not far off  
My heart shall find the sun.*

Give me a faith that never dies,  
That I might find my way,  
Eagerly waiting tomorrow's dreams  
Forgetting each yesterday.  
Life with its troubles, life with its cares,  
These I can take, I know;  
Give me a faith that shall last through all

### Small Things

Wanda Neufeld May 14, 2010

Some very wise person, once long ago, said:  
"Good things come in packages small."  
At first I was skeptical, I'd seen in my life  
some wonderful things— large or tall.  
When I thought about small things, and what they  
can do,  
I believe he is right after all.

Even words in our language can prove this is true,  
here's one tiny example for you.

A short little three-letter words can convey  
emotions and feelings galore;  
just three little letters, make a package small  
to hold good things — a hundred and more.  
These three alphabets are H, U and G,  
so HUG is the word that they spell.  
And all of us know what a hug can do —  
some examples you know very well.

A hug says hello, but also good-bye,  
and both mean — I wish you well.  
It says "I'm so glad that you are with me today"  
but also "I'll miss you — farewell."  
Small Billy's scraped knee doesn't hurt anymore  
when wrapped in Mom's loving embrace.  
A hug says "I'm sorry", it says "I forgive"  
when bot hare expressed with good grace.

It says, "you did well, I'm so proud of you"  
though another the medal has won.  
It says, "I am with you each step of the way,  
until your race you have run."  
a hug says, "I laugh when you're happy",  
and also, "I weep for your pain."  
"I'll pray for you in your illness,  
and rejoice when you're healthy again".

There are just a few things  
that a hug does  
though the word is simple and small,  
so I think that countless good things  
come in packages small, —  
after all!



This will be the fourth year we have supplied treat bags to Leila North School. In 2017, 2018, and 2019 we supplied 80 treat bags which were distributed at their annual Christmas dinner for vulnerable families. Due to COVID they were not able to host their annual Christmas

dinner this year. However, they decided to do Christmas hampers and we were able to do our part by supplying 60 Christmas treat bags to go with their hampers. This was done on behalf of the council and all the residents of Concordia Village.



Special thanks to the Council and Marg and Glenn Nicholls for their donations, and to Santa's helpers Beryl Dutka, Gwen Aubertin, and Olga Safnuk.



**ÉCOLE LEILA  
NORTH SCHOOL**  
SEVEN OAKS SCHOOL DIVISION

20 Promenade Allan Blye Drive  
Winnipeg, Manitoba R2P 2S5  
Phone: 694-8071 Fax: 694-8180

PRINCIPAL/DIRECTRICE : VICE-PRINCIPAL/ DIRECTRICE ADJOINTE:  
Melissa Delaronde Dena Arnold



SEVEN OAKS  
SCHOOL DIVISION  
*community begins here*



November 30, 2020

To Whom it May Concern,

We are grade 7 and 8 students from École Leila North Community School. It's been a bizarre school – the hallways are missing their usual buzz of students in the morning and on our breaks. It's been hard to create school culture and climate as there is no time together as a whole school – prep rallies, assemblies, school presentations, all canceled. It's been *weird*.

To bring us together during this time, we have taken it upon ourselves to assemble hampers for vulnerable families in our school community. Our schools catchment includes a Manitoba Housing Project, that homes families receiving care for a chronic condition at the Seven Oaks Hospital. We know how poverty is compounded and amplified by those who are also battling complex social issues, like the families in this particular community.

To do this, we have been raising money through a COVID-safe hotdog lunch sale, a staff 50/50, collecting non-perishable foods items from staff and students, and writing persuasive letters to local grocers and yourself asking for support. Students have been creating posters, organizing food drives, and making announcements. Our sewing teacher is even making customized embroidered masks! We are serious about supporting our families.



Laughter is good medicine.

Taken from "Saskatchewan Harvest" a golden jubilee selection of song and story.  
Published 1955.

### Old Grandma

Old Grandma when the west was new,  
she wore hoop skirts and bustles too.  
When infants came and times got bad  
She stuck right on old Grand-dad.



She worked hard seven days a week  
To keep Grand-dad well fed and sleek.  
Twenty-one children came to bless  
Their happy home in the wilderness.

Twenty-one boys, oh, how they grew  
Big and strong on bacon too-  
They slept on the floor with the sheep and goats  
And they hunted in the woods  
In their oil-skinned coats.

Twenty-one necks Grandma would scrub,  
twenty-one shirts in the old washtub  
Twenty-one meals three times a day.  
It's no wonder Grandma's hair turned grey.

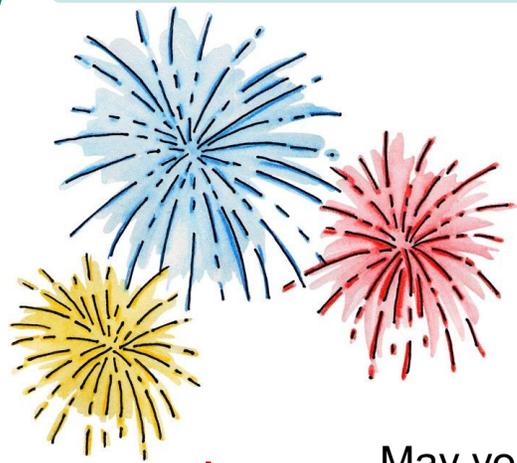


Great Grandpa was a busy man,  
he washed his face in the frying pan.  
He shaved his beard with a hunting knife,  
And he wore the one suite all his life.



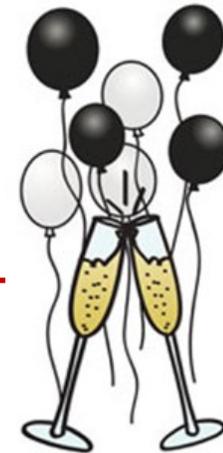
Great Grandma had a broody hen  
She got it from her cousin Ben.  
In a pair of pants she made a nest  
And the hen hatched out a coat and vest.

She could make good mountain dew,  
Home baked beans and Irish stew.  
Great Grandpa once he skinned a goat  
And grandma made a new fur coat.



Happy New Year

May your New Year be decorated,  
With just the perfect touch,  
Of love and joy and memories  
That mean so very much.  
Friends that light your pathway,  
Memories warm and dear,  
Are treasures our hearts cherish,  
Every season—every year.



Peace and Love  
Always,  
*"Felix"*



**Concordia Village Resident Advisory Council**

Please find below, all the Residents on the Resident Advisory Council for 2020.

<b>President:</b>	Ed Blandford	CVII	321
<b>Vice President:</b>	Hilda Epp	CVII	101
<b>Treasurer:</b>	Arnold Page	CVII	204
<b>Past President:</b>	Jane Luchak	CVIII	357



**Members at Large:**

<u>CVI</u>	<u>CVII</u>	<u>CVIII</u>
Olga Michalchuk 322	Don King 101	Carole Beek 265
Harry Nightingale 321	Audrey Borody 222	John Bergen 170
Tony Lefko 132	Jeanne Witwicki 117	Peter Czayka 353
	John Tytgat 328	Lillian Lafleche 267



*In Memory*

Please remember the following Residents who have passed away since July. Our thoughts are with family and friends of each person.



- CVI**
- Larry Hammond
  - Jean Wallis
  - Beryl Robbins
  - Willy Kopeschny
  - Joséphine Dawydiuk

- CVII**
- Leo Latoski
  - George Penner
  - Eleanor Poulin
  - Andy Parkinson
  - Wilhelm Barth

- CVIII**
- Mary Smith
  - Helene Rempel
  - Mary Pauls

## **PURPOSE OF THE “RESIDENT ADVISORY COUNCIL” (All Residents):**

All Residents are automatically members of the Resident Advisory Council, which provides opportunities to recommend service improvements.

Residents may also choose to initiate or organize recreational activities of Concordia Village; such as welcome new Residents to the Village, extend well wishes and support to those in Hospital, initiate or organize fundraising activities (e.g. 50/50 raffle), and ushering at Village Centre events. Funds are used to augment Village activities or donated to selected charities.

The Council meets at least quarterly to provide an opportunity for regular discussion on matters of interest or concern to Residents.

## **PURPOSE OF THE “RESIDENT ADVISORY EXECUTIVE”:**

The Resident Advisory Executive serves the same purpose as the Council, but meets between quarterly meetings when that is needed.

The Executive are nominated and elected by Concordia Village Residents (the Council), as follows:

### **Position:**

- President, chairs all Council and Executive meetings,
- Vice-President, may chair meetings on behalf of the President,
- Treasurer, serves as treasurer of any resident-specific funds,
- Past President, provides background on issues as needed,
- Concordia Village I Members-at-Large (3-4) Residents,
- Concordia Village II Members-at-Large (3-4) Residents, and
- Concordia Village III Members-at-Large (3-4) Residents.

### **Nominated and Elected By:**

- All Residents
- All Residents
- All Residents
- All Residents
- Village I Residents
- Village II Residents
- Village III Residents

**Elections are held annually, in January, with one-year terms running from January 1 to December 31.**



## Volunteer Groups

At Concordia Village we have SO many Residents that volunteer daily to make everything run smoothly! This page is to acknowledge our hard working Volunteers and to advertise for any new Volunteers needed.

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Our Meal Delivery Volunteers take turns delivering meals to Residents that are temporarily not well enough to come to the Dining Room for supper.

### Here is our list of Meal Delivery Volunteers:

#### CVI

Evelyn Kennedy  
Barb Harron  
Harry Nightingale

**We are in need of more Meal Delivery people in CVI. Please talk to Terrol at CVI Reception if interested!**

#### CVII

Hilda Epp  
Arnold Page  
George Mulder  
Gwen Aubertin  
Ollie Safnuk

#### CVIII

Ruth Regehr  
John Bergen  
Georgina Green

### Our Outreach Volunteers:

**CV I:** Jim Ross, Olga Michalchuk

**CVII:** Hilda Epp, Audrey Borody, Jeanne Witwicki, John Tytgat

**CVIII:** Carole Beek, John Bergen, Peter Czayka, Lillian LaFleche

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Every Sunday we have Volunteer Ushers at our Church service.

### Our Ushers are:

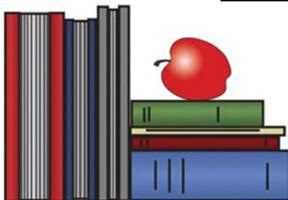
Don King, Audrey Borody, Joan Baker, Arnold Page, Hilda Epp, Ruth Regehr, Lothar Regehr, Lyle Wilcox, John Bergen, John Tytgat

We need a few more usher Volunteers.

If you are interested, please contact **Don King** at 204-663-8903.

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### Our Library keeps running because of our Library Volunteers:



Clara Brazeau, Burt Mitchell, Harry Nightingale,  
Jean Magnusson & Wayne Magnusson

**THANK YOU TO ALL OUR WONDERFUL VOLUNTEERS!**

## **CONCORDIA VILLAGE FIRE SAFETY TIPS**

- ENSURE THAT YOUR STOVE/OVEN/TOASTER OVEN ARE TURNED OFF BEFORE LEAVING YOUR SUITE**
- DO NOT STORE ITEMS ON YOUR STOVE OR IN THE OVEN**
- IF YOU DON'T USE YOUR OVEN AND STOVE, WE CAN UNPLUG IT TO PREVENT IT FROM BEING ACCIDENTALLY TURNED ON**
- ENSURE CURTAINS AND DRAPES ARE A MINIMUM OF ONE FOOT ABOVE THE BASEBOARD HEATERS**
- KEEP ALL FURNITURE, SOFA, TABLES, BOOKSHELVES, BOXES, ONE FOOT AWAY FROM THE BASEBOARD HEATERS**
- ENSURE ALL ELECTRICAL/PHONE CORDS ARE ONE FOOT AWAY FROM THE BASEBOARD HEATERS**
- PLEASE CLEAN YOUR DRYER LINT TRAP BEFORE EACH USE**
- CANDLES ARE NOT PERMITTED**
- REAL CHRISTMAS TREES ARE NOT PERMITTED**
- ENSURE CHRISTMAS LIGHTS ARE IN GOOD REPAIR PRIOR TO USE. PLEASE UNPLUG CHRISTMAS LIGHTS BEFORE LEAVING YOUR SUITE**
- PLEASE FAMILIARIZE YOURSELF WITH CONCORDIA VILLAGE'S FIRE SAFETY PLAN**
- PLEASE ATTEND OUR ANNUAL RESIDENT FIRE AND LIFE SAFETY INFORMATION SESSIONS**
- IF YOU HEAR THE FIRE ALARM SOUNDING, PLEASE TREAT IT AS A REAL FIRE AND FOLLOW CONCORDIA VILLAGE'S FIRE SAFETY PLAN**





## Garbage Pick-up Services

**We ask all Residents to put out your garbage and recycling in front of your doors in the morning (not the night before).**

**There are 2 very important reasons we ask this:**

- 1. We have many visitors that visit family and friends in the evening hours. Garbage and recycling bins in the hallways leave a messy impression for our visitors. Please make sure you bring your recycling boxes into your suite each day. Concordia Village is our home and we want it to stay beautiful.**
- 2. Secondly, the garbage outside your door in the morning is the “Daily Safety Check” for you as Residents. It lets housekeeping staff know that you are up and ok. If the garbage is placed outside your door the evening before and something should happen during the evening or night, we would not notice this because your garbage was outside your door. Staff would only notice that something was wrong the following day when garbage would not have been put out. For everyone’s safety, we ask Residents to support our garbage pick-up routines.**



## CONCORDIA VILLAGE NO SMOKING POLICY

### POLICY STATEMENT

#### **SMOKING IS NOT PERMITTED INSIDE ANY OF OUR BUILDINGS, ADJOINING BALCONIES, PATIOS OR GROUNDS.**

Concordia Village is smoke free – building and grounds. This is needed to eliminate fire hazards, irritation and known health risks of exposure to second hand smoke, and to avoid increased maintenance, cleaning and redecorating costs.

Concordia Village Tenant Resource Services screens to avoid incoming smokers during the pre-admission process.

Users of tobacco products must dispose of cigarette ends, lighters and matches in the containers supplied at each canopy of Concordia Village. This will help us keep a safe, neat and clean environment.

**SCOPE** - This policy applies to all Residents, family members, visitors, and guests.

#### **ENFORCEMENT OF POLICY**

Failure to comply with this policy will result in disciplinary action taken in the following steps:

1. Warning Letter to the Resident, with copies to their Family Contact(s)
2. Termination of Lease (with 60 days notice), with copies to Family Contact(s) – if there are any further contraventions of this policy after Step 1



# *Holiday Greetings*

**To our Concordia Village Lifeline Client:**

From all the staff and volunteers at Victoria Lifeline, we would like to wish you a safe and happy holiday season and a new year filled with peace and hope.

We know this has been a very challenging year and we are grateful that Lifeline can provide some much needed peace of mind during this difficult time.

We look forward to another year of serving you and please remember, we are always here if you need help.

Warmest regards,

**Your Victoria Lifeline team**



Each of the word puzzles below is a visual representation of a famous Christmas song. Can you decipher them?



1. \_\_\_\_\_



2. \_\_\_\_\_



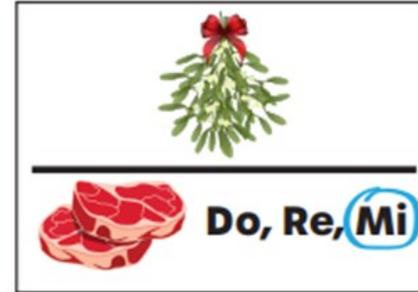
3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



7. \_\_\_\_\_



8. \_\_\_\_\_



9. \_\_\_\_\_



10. \_\_\_\_\_



11. \_\_\_\_\_



12. \_\_\_\_\_

(solutions)

1. "Santa Baby"
2. "Twelve Days of Christmas"
3. "Silent Night"
4. "All I Want for Christmas Is My Two Front Teeth"
5. "The First Noel"
6. "Meet Me Under the Mistletoe"
7. "Santa Claus Is Coming to Town"
8. "O Holy Night"
9. "Deck the Halls"
10. "We Three Kings"
11. "Walking in a Winter Wonderland"
12. "Rockin' Around the Christmas Tree"



# Santa's Workshop

## ACROSS

- 2. Construct
- 5. Well-behaved
- 7. No two are alike
- 12. Place to stuff gifts
- 13. Elf, to Santa
- 15. Gifts for kids
- 16. Young children

Use the clues to fill in the crossword.

The crossword puzzle grid consists of white squares for letters and empty spaces. The numbered starting points are:

- 1: Down, 5 squares
- 2: Across, 5 squares
- 3: Down, 5 squares
- 4: Across, 5 squares
- 5: Across, 3 squares
- 6: Across, 6 squares
- 7: Down, 5 squares
- 8: Across, 5 squares
- 9: Down, 5 squares
- 10: Across, 5 squares
- 11: Across, 5 squares
- 12: Across, 5 squares
- 13: Across, 5 squares
- 14: Down, 5 squares
- 15: Across, 5 squares
- 16: Across, 5 squares

## DOWN

- 1. Parcel
- 2. Christmas decorations
- 3. Assembly plant
- 4. Carpentry tool
- 5. Mail for Santa
- 6. Santa's transport
- 7. Badly behaved
- 8. Leading reindeer
- 9. North Pole workers

