

THE VILLAGE NEWS

welcome

CVI

Louise Penner
Patricia Hergesheimer
Audrey Korman

CVII

Bruce Main

CVIII

Marlene Penner
George & Mercedes Curle
Gerhard & Anna Dyck



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Concordia Village Newsletter Spring 2021

Baby Bird



Manitoba birds and wildlife
photographed by our very
own Michelle Ashcroft

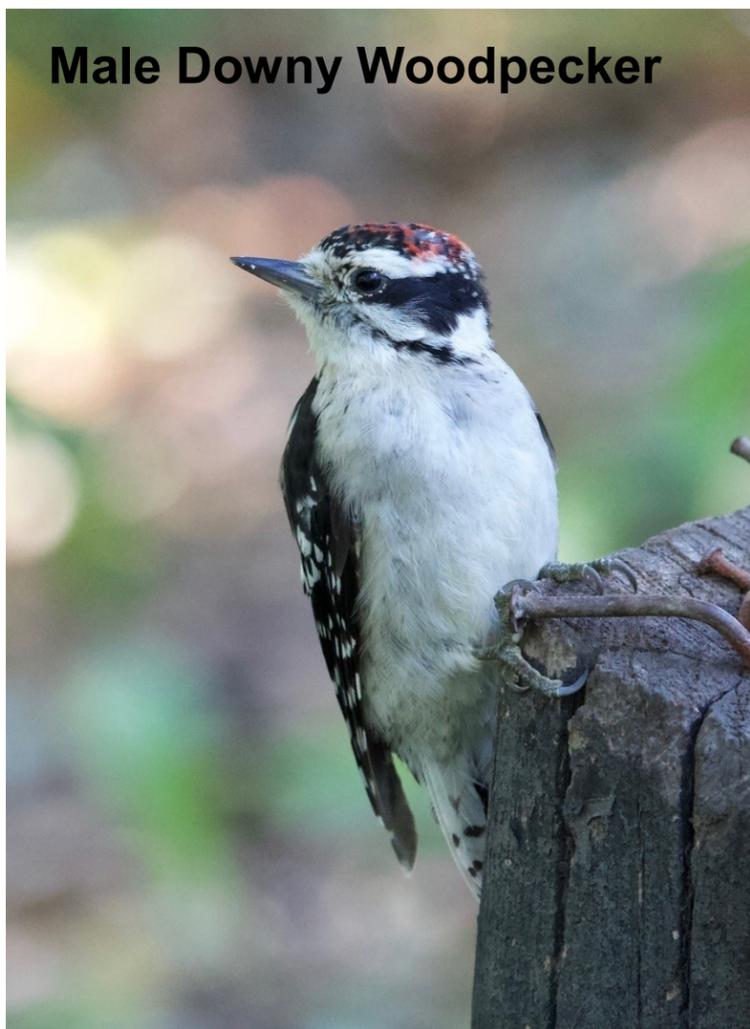
Male Wood Duck



Bohemian Waxwing



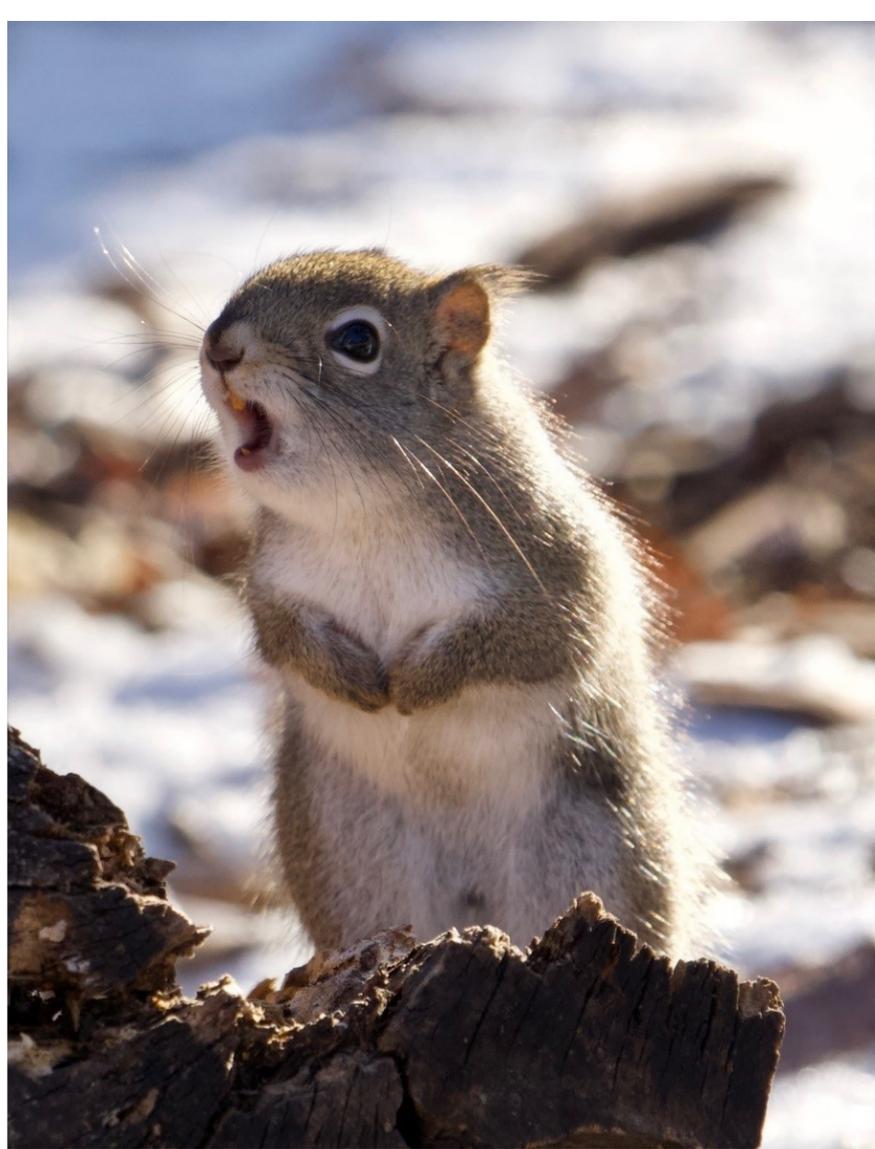
Male Downy Woodpecker



House Sparrow with feather



Bald Eagle



Male Pine Grosbeak



Chaplain's Corner by Hermann Dueck

Dear Residents and fellow Employees of Concordia Village, Winter is almost gone. As we experience longer days with increasing light and warmth, we realize that spring is here. This time of year is very good news for us prairie people.

According to the church Calendar we find ourselves in the time of Lent which began with Ash Wednesday on February 17 and ends on April 4 with Easter Sunday. Ash Wednesday reminds us of our mortality, our short comings, and our need to deal with these shortcomings (sins). The mysterious reality of evil is around us and within us. We need to be realistic about this. Lent is an invitation to become honest with ourselves and change our egotistic ways and thereby be set free from those things that rob us of abundant life. When this happens, new life can spring up in us as we will see it in nature as spring comes. Lent teaches us that this abundant life happens through giving up our selfishness and serving others with sacrificial love. As St. Francis puts it in his Prayer of Peace, it is in giving that we receive, and it is in dying that we are born to eternal (new) life.

When we are born we come into this world as completely dependent and helpless creatures. We are born with three basic needs: the need for survival and security, the need for affection and esteem (love), the need for power and control. These needs are powerful motivators. Without these instinctual desires or longings none of us would survive. At the beginning of our lives, we are completely dependent on others to meet these needs. As we grow up, we still need other people, but we also learn to take on the responsibility of meeting these needs ourselves.

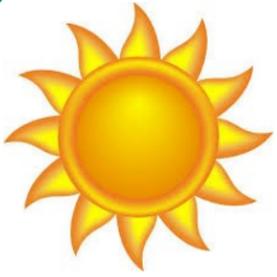
However, life is such that our legitimate needs are never fully met. The more unmet these needs go the more we strive to meet them. That leads us to going overboard and the legitimate need for survival and security turns into anxiety, the legitimate need for affection and esteem turns into an excessive dependence on other people and how others treat us, the legitimate need for power and control turns into a power grab and we become control freaks.

In our culture we seem to believe that when these instinctual needs will be completely met then we will be happy. However, the reality is that these needs will never be completely met. That is not where genuine happiness is ultimately to be found. Granted, these needs need to be met to a certain degree; but the reality of life is that they cannot and will not be met fully. If I believe that I will be happy only if and when these deep needs will be completely met, I will be frustrated and it will seem as though happiness escapes me whenever I am about to get a hold of it. Maybe I need to change the way I look for happiness. I think the season of Lent invites us to reflect and to change the way of looking for happiness. A great deal of happiness or contentment (I like that word better) is to be found in acknowledging my imperfections and limitations and those of the people around me. Ask and grant forgiveness where needed. These are life-long lessons that the school of life offers all of us. We never learn them fully but learn we do; provided we are willing. It has been said that each life is an unfinished symphony. And I would like to add that it is a symphony, nonetheless.



Blessings, your Chaplain, Hermann

Food Services News by Carla Mendres



I would like to thank you all for your continued patience while we have had to close the dining rooms. We are eagerly anticipating the day we get to open up the dining room doors once again as I am sure you are as well! I would imagine that when the vaccinations have taken place we will get news about being allowed to re-open and that will be the GREATEST joy for all of us!

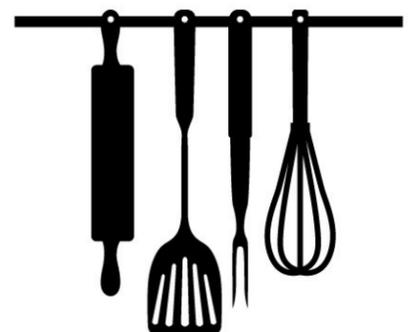
Thank you also for the heartwarming messages of gratitude and “love letters” we have received and for the ones that many of you have posted on your suite doors. I simply cannot emphasize how much that means to us and your expressions of gratitude are impetus for us to strive even harder to respond to your needs.

We’ve tried to keep spirits bright by coming by with little treats when we find some “free” time (which is a precious commodity these days!) and we hope you’ve enjoyed them.

Despite the strange times we are going through, it is important to know that we still want your feedback. Many of you may have changing dietary needs and if you need to reach out for nutritional therapy, please do not hesitate to call me. We can chat over the phone or in person. Additionally, if you want to limit your movement going into stores and our general store doesn’t have something you’re looking for, I am happy to order food and beverage items for you from my suppliers.

I know some of you prefer half orders at dinner time. We are going to make our best efforts to begin accommodating those requests. If you have other dinner requests please call the kitchen at extension 5240 and speak with one of our team members.

May this window of time be nothing more than a bad memory in the very immediate future! In the meantime, until we can be together again, be kind to yourself, be kind to others, practice self-care, reach out when you feel sad, vulnerable or lonely to a phone buddy or to us. Maintain your hobbies, read, do puzzles, watch programming that encourages and inspires you. Most of all, stay positive! Spring and vaccinations are just around the corner! We’re in this together!



Nursing Office *News* by Rachelle

Keeping Active & Staying Safe

Mental engagement is important to staying healthy and active. Crossword, Jigsaw puzzles, Sudoku, Monopoly and Solitaire are great examples of interactive games that can keep people engaged. To maintain social distance, people can also play games virtually with friends or family members. Games like Chess, Rummy and Scrabble are available online.



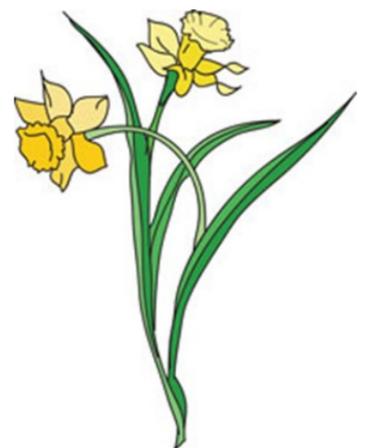
Office Hours & Phone Number

The nursing hours are distributed monthly. If you have any questions or concerns, please call the office:

204-667-6479

ext. 5260

Nurse Rachelle



Nursing Office *News* by Rachelle

Physical exercise is also necessary to stay active and stave off boredom. Exercise is a great way to help maintain strength and balance and boost the immune system.



Exercise works almost as well as antidepressants for some people. And you don't have to run a marathon, just take a walk with a friend. As time goes on, move more until you exercise most days of the week. You'll feel better physically, sleep better at night, and boost your mood.



Nursing Office *News* by Rachelle



When you're spending so much time indoors, why not immerse yourself in a good book? Reading is an underappreciated activity that not only stimulates your mind but can also give you a new perspective. Connections with other people can help you overcome the sluggish, lonely feelings of depression. You'll stay in touch and have support to keep yourself on track.



**Tenant Resource & Recreation Services by
Mandy, Gabby, Ilona & Team**

Happy Spring Everyone!

We just had the vaccines at Concordia Village and the day was such a HUGE success! The vaccine crew was amazing! Going suite to suite was fun! Residents had to wait the 15 minutes in their doorway after receiving the vaccine, so neighbours, who may have not seen each other in a while, were able to talk and catch up! I loved the energy and happiness everyone had, with the hopes that the vaccine will make us able to get back to a 'new norm' someday soon! Thanks to all of our Residents for being ready and home to get their vaccines.

**The date for the second dose of the COVID vaccine is:
TUESDAY APRIL 6th.**

You will not need to fill out another form, you will just need to be home that day to get your second dose. If you were in hospital when the first dose happened, you can fill out your form and get your first dose on April 6th. Please hand your form in to Reception at least a week before if you will be getting your first dose.

One question that a lot of Residents have been asking now that most Residents have the vaccine, is if Concordia Village can now open up to more visitors and if we will be opening the dining room and recreational programs. Once restrictions ease a bit, we will revisit these topics. We ALL hope we can open up more VERY soon! We realize how tough this has been and definitely can't wait to see all of you fully enjoying life here at CV!

I wish all of you and your families a VERY HAPPY EASTER!

Sincerely,
Mandy Tremblay

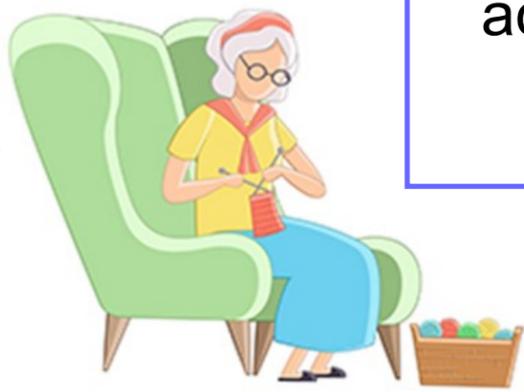


**Tenant Resource & Recreation News by
Mandy, Gabby & Ilona**

Tenant Insurance

A friendly reminder to bring your
Tenant Insurance to the front desk
EACH YEAR when you renew it.
We require a current copy for our files.

The Knitting Club was
able to donate almost
50 pairs of mittens,
along with some hats
and scarves to Main
Street Project in
February!



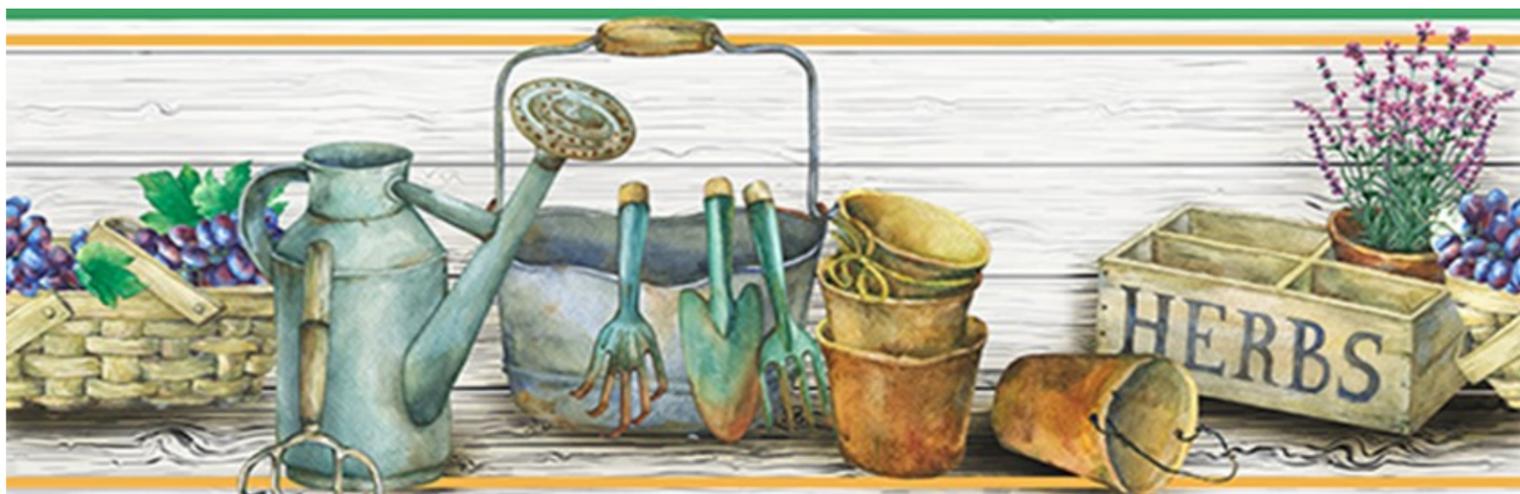
****Families****
Call Reception if you
would like to receive
emails with the latest news
from Concordia Village
regarding COVID,
activity calendars, and
newsletters.

IMPORTANT PHONE NUMBERS AT A GLANCE:

AFTER HOURS Building Services.....	204- 667- 6479 ext 5272
HEALTH EMERGENCIES.....	911
Reception, 8:00 AM to 4:00 PM , Monday to Friday.....	204-667-6479
CVI.....	ext 5221
CVII.....	ext 5222
Chaplain.....	ext 5241 (Hermann)
Nurse	ext 5260 (Rachelle)
Director of Environment Services	ext 5258 (Ernie)
Assistant Directors of Environmental Services- Maintenance	ext 5264 (Glen)
- Housekeeping	ext 5223 (Tammy)
Director of Tenant Resource Services.....	ext 5228 (Mandy)
Recreation.....	ext 5229 (Gabby)
	ext 5242 (Ilona)
Director of Finance and HR Services.....	ext 5224 (Derek)
Director of Food and Nutrition Services	ext 5227 (Carla)
Silva's Styling Hair Salon.....	204-415-7751
(Silvana or Carla)	

Assisted Living Plus

<u>Services</u>	<u>Contact Name</u>	<u>Phone Number</u>
Registered Nurse On-site	Rachelle Reimeier	(204) 667-6479 Ext. 5260
Victoria Lifeline	Service Desk	204-956-6777
Visiting Pharmacist	The Medicine Shoppe	(204) 661-2121
Visiting Pharmacist	Shoppers Drug Mart	(204) 669-1722
Visiting Pharmacist	Munroe Pharmacy	(204) 669-1267
Licensed Optician	A-Z Optical	(204) 667-6479 Ext. 5260
Liaison with Home Care	Mandy Tremblay	(204) 667-6479 Ext. 5228
Dental Inquiries	Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Hearing Inquiries	Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Optical Inquiries	Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Flu Shots	Rachelle Reitmeier	(204) 667-6479 Ext. 5260



Resident Advisory Council by Ed Blandford

Hello again Residents and Staff,

The time has come for me to send you another greeting. I must say the sunshine coming through our window gives me more energy to write this message as opposed to the previous one in the cold, cold winter days. Isn't it wonderful that spring is on its way and by the look of the snow melting, it won't be long before spring will be here in all its glory. It is then that the smiles on our faces will be so much brighter. We'll be able to go outside for a walk or ride, whatever we can do to get some extra vitamin D.



Today I'd like to focus on memories. That's a word that can mean different things to different people. There are songs and poetry written about memories and books galore of people's memoirs. In fact, my wife Daphne, just finished writing her memoirs for our three boys and our grandchildren. Doing something like this stirs up the mind to think about all the events and activities of the past that we had almost forgotten, but remembered enough to write about.

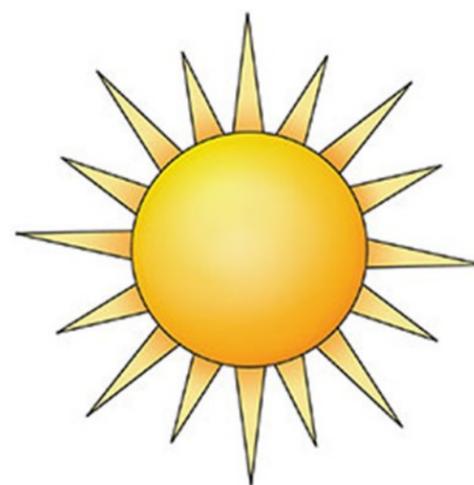
We have saved all the newsletters since we came here in 2014. A few days ago, I was looking through them and they brought back so many memories of friends we made here but are now deceased. Some of the memories formed by these friendships will stay with us forever.

Memory is a great gift for us and we cherish it; it is only when we start losing it, we realize just how great it was to be able to recall all the friends we once had, the things we did, the memories of our children when they were small. Recall in memory refers to the mental process of retrieval of information from the past. Our middle son, aged 56, lost his memories just two years ago from a blood infection. He can remember his childhood, but not his son's wedding, or the birth of their grandchildren. We talk to him on a regular basis, he lives in NL, and we tell him things two or three times through a conversation but still he can't remember to tell his wife. He has to ask her his wife every question we ask him, because the memory of that particular incident is gone. Our hearts ache for him, he can't work any longer, he can't drive, he has to be taken to doctor appointments. His wife has to remember everything for him like medical appointments. These are some of the lasting effects of losing one's memory.

Resident Advisory Council by Ed Blandford

Sadly, COVID is still with us, causing us to mourn the loss of our freedom, the loss of human touch, the loss of visits with family, the loss of getting together for a game of cards and a cup of coffee. BUT things are looking up. We have hope for our future since the vaccines are getting into the arms of many people. Soon we at Concordia Village will get ours. That will give us an extra sense of security and peace. We are very fortunate that nobody in our Village has contracted that dreaded new strain of COVID, because the new strains of more quickly to attack our bodies and have a bigger chance of spreading quickly. We realize if just one person here contracts the virus, it can spread like wildfire and attack this place we call home. That would be devastating for all of us. Our many thanks go to management here for keeping us safe. They are doing a marvellous job even though we all want it to end and go back to normal. Thanks also to Carla, Hertzell, and their capable staff of servers for delivering our meals everyday and always with a smile. The little extras they do to make our day brighter is appreciated so much like the ice cream brought to our doors, and the snacks they provide. It's very evident that they are doing everything in their power to help make us comfortable and fed.

On that note, I will wish you all the very best as you power through these days, hoping for a better tomorrow!



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## STAMPS for FREEDOM by Lena Schapansky

It was a slow start but thankfully it has changed. Many take the time to cut off the stamp from their letter leaving at least 1/4" all around.

On February 10 I forwarded a pound of stamps to the Canadian Bible Society for someone to receive a free Bible.

Thank-you.



## Resident Page by Marian Thiessen

### **Tabs for Wheelchairs**

It's great to see the families of some of our Residents getting on board with the Tabs for Wheelchairs Program. Thank you for promoting this worthy cause.

You may not be aware that there are other ways to support this program besides collecting tabs. Metal items (large or small) can be dropped off at Western Scrap Metals, 18 Sutherland Avenue, for recycling. Just let them know that you want this amount to be added to the Tabs for Wheelchairs account. Another way to support this program is through a monetary donation. Tax receipts are given for donations over \$20. If you wish to give a monetary donation, please make the cheque payable to **Holy Cross School** and put Tabs for Wheelchairs in the lower left part of the cheque. Gwen Buccini of Holy Cross School is the founder and co-ordinator of Tabs for Wheelchairs, which was started as part of the school's outreach program more than 20 years ago.

Thanks again for your participation in this program.

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### **Puzzles, Puzzles, and More Puzzles!**

#### **The Great Depression Jigsaw Puzzle Boom**

People learned during the harsh times of the Great Depression, that jigsaw puzzles are a wonderful pastime that helps to alleviate stress in your life.

This time also played in favour of entrepreneurial minds who were seeking new ways of employment after being laid off. Some people would buy a cheap scroll saw and make puzzles to sell.

Renting puzzles became a thing during that time too. Libraries and drugstores would rent puzzles out and charge per day.

Puzzles also became so widespread because they were given away for free! In 1931, a creative New York businessman started giving away puzzles with the purchase of a toothbrush. The practice caught on and the cheaply made puzzles would serve as great promotional material.

Only a year later, another fun idea emerged and hooked even more people: the 'Jig of the Week'. A new weekly puzzle would appear at newsstands on Wednesday featuring a cheaply made die-cut puzzle. People went wild for them and challenged their friends over who would solve the current one first.

People walked outside with puzzle holders hanging around their neck and solving while walking! Bumping into someone would mean your whole work was ruined and perhaps you even lost a few pieces.

#### **The COVID Jigsaw Puzzle Boom**

The analogy with the Great Depression cannot be any starker. Since the 1930s, there's never been another jigsaw puzzle boom – until now. Puzzles have been flying off the shelves since the lock downs began a year ago. Quite a good way to lift the spirits, if you ask me. Whether you've been a long time fan or have only recently discovered your enthusiasm for puzzles, check out our fantastic selection of puzzles and have some fun!

## Hallway Chatter By “Felix” - Spring Edition

After a very hard and difficult past year, let us all try to put it behind us and look forward to the good things that we hope will happen in the coming months of 2021.

Spring is just around the corner and I am sure we are all looking forward to the birds and the bees—the honking of the geese—planting seeds in our gardens—adorning our balconies with flowers. Hopefully being able to get closer to our families and being able to sit outside and visiting with our friends and neighbours at Concordia Village.

The following was submitted by Hilda Epp, and Chicken Soup for the Golden Soul.

### Blessings

Although I'm old and live alone,  
Lonely I will never be.  
I simply won't allow it,  
To do this I'll discipline me.  
I shall talk to myself this way  
“you have books to read, eyes to see,  
Pick up the phone, call a friend.  
go for a walk, or watch T.V.  
Think about those who are blind  
Unable to do any of these.  
Have you forgot your “blessings”  
Try to remember them please.”



## Hallway Chatter By “Felix” - Spring Edition

### The Special People in our Lives

By Emily Matthews

The things special people just naturally do make all our lives brighter and happier too— it might be the warmth of a welcoming smile or the time someone takes just to visit awhile...

it might be a hug or a heart-to-heart talk, a companion who’s willing to go for a walk.

It might be a favour, a kind, helping hand, a listening ear, the words “I understand” they’re all little things but we know beyond doubt each one’s at the heart of what life’s all about.



WITH GOOD FRIENDS AROUND, YOU FEEL GOOD ALL OVER!

## Hallway Chatter By "Felix" - Spring Edition

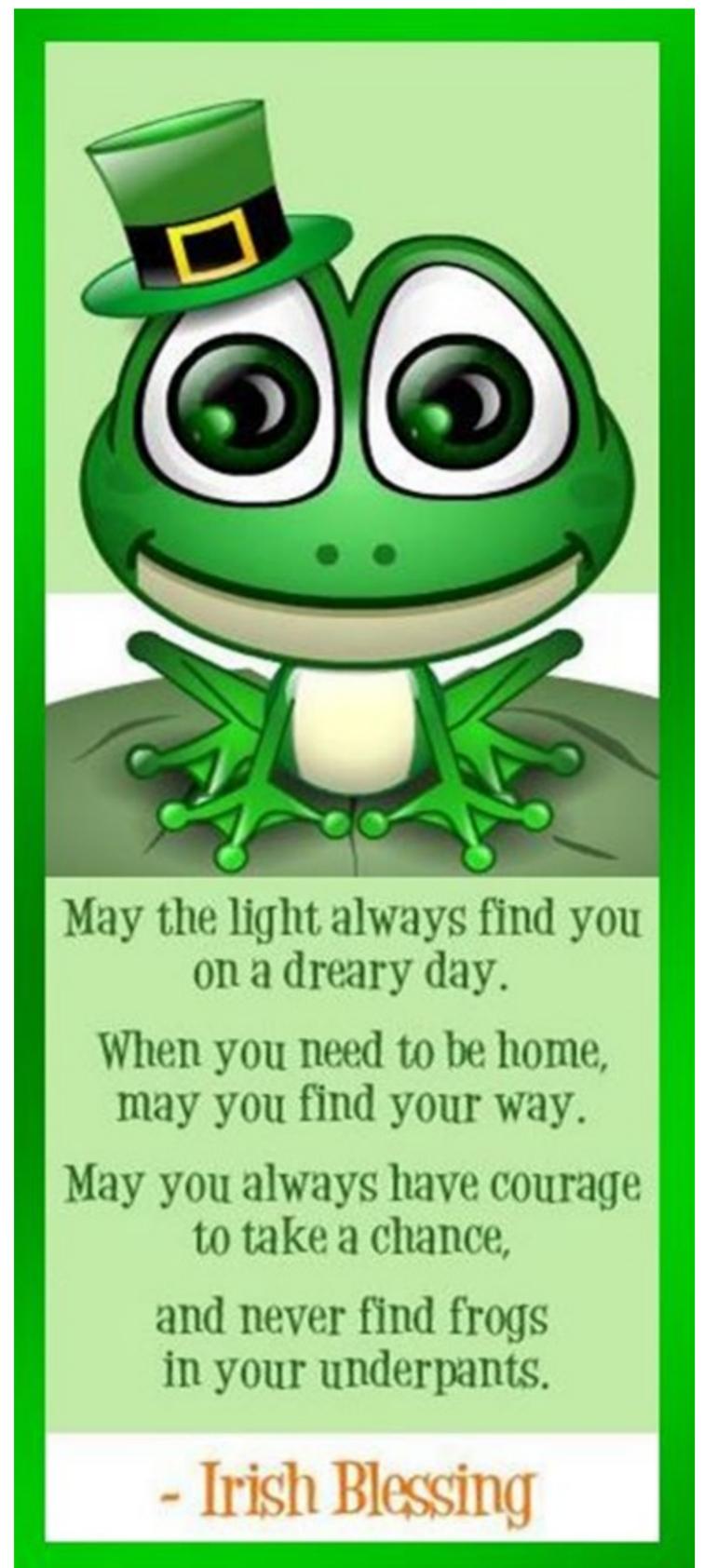
### Spring

By Wanda Neufeld

Yesterday was glorious,  
It couldn't have been much better,  
It isn't even April yet  
And we're having real spring weather.

Some migrant birds are back again,  
Buds on the trees are swelling  
And little rodents everywhere  
Now leave their winter dwellings.

So, if all nature welcomes spring  
With great anticipation  
We humans, too, should take the hint  
And join the celebration.



May the light always find you  
on a dreary day.

When you need to be home,  
may you find your way.

May you always have courage  
to take a chance,

and never find frogs  
in your underpants.

- Irish Blessing

## Hallway Chatter By "Felix" - Spring Edition



Some days are fairy days.  
The minute that you wake  
you have a magic feeling  
that you never could mistake;  
you may not see the fairies,  
but you know that they're about,  
and any single minute they  
might all come popping out;  
you want to laugh, you want to sing,  
you want to dance and run,  
everything is different,  
everything is fun;  
the sky is full of fairy clouds,  
and streets are fairy ways-  
*anything* might happen on fairy days.

Some nights are fairy nights.

Before you go to bed  
you hear their darling music  
go chiming in your head;  
you look into the garden,  
and through the misty grey  
you see the trees all waiting  
in a breathless kind of way.  
All the stars are smiling;  
they know that very soon  
the fairies will come singing  
from the land behind the moon.  
If only you could keep awake  
after you put out the light . . .  
*Anything* might happen  
on a truly fairy night.



Rose Fyleman



## Resident Advisory Council 2021

Concordia Village Resident Advisory Council  
Please find below, all the Residents on the  
Resident Advisory Council for 2021.

|                 |              |       |     |
|-----------------|--------------|-------|-----|
| President:      | Ed Blandford | CVII  | 321 |
| Vice President: | Hilda Epp    | CVII  | 101 |
| Treasurer:      | Arnold Page  | CVII  | 204 |
| Past President: | Jane Luchak  | CVIII | 357 |



Members at Large:

### CVI

### CVII

### CVIII

|                       |                     |                      |
|-----------------------|---------------------|----------------------|
| Harry Nightingale 321 | Don King 101        | Carole Beek 265      |
| Tony Lefko 132        | Audrey Borody 222   | John Bergen 170      |
| Peter Czayka 330      | Jeanne Witwicki 117 | Lillian Lafleche 267 |
|                       | John Tytgat 328     |                      |



*In  
Memory*



Please remember the following  
Residents who have passed away since  
December, 2020.

Our thoughts are with  
family and friends of each person.

### CVI

### CVIII

Jacob Klassen  
Olga Michalchuk  
Mary Wetton  
Kay Church  
Sophie Kostycz

Kay Oshanski

## Resident Advisory Council

### **PURPOSE OF THE “RESIDENT ADVISORY COUNCIL” (All Residents):**

All Residents are automatically members of the Resident Advisory Council, which provides opportunities to recommend service improvements.

Residents may also choose to initiate or organize recreational activities of Concordia Village; such as welcome new Residents to the Village, extend well wishes and support to those in Hospital, initiate or organize fundraising activities (e.g. 50/50 raffle), and ushering at Village Centre events. Funds are used to augment Village activities or donated to selected charities.

The Council meets at least quarterly to provide an opportunity for regular discussion on matters of interest or concern to Residents.

### **PURPOSE OF THE “RESIDENT ADVISORY EXECUTIVE”:**

The Resident Advisory Executive serves the same purpose as the Council, but meets between quarterly meetings when that is needed.

The Executive are nominated and elected by Concordia Village Residents (the Council), as follows:

*Position: **President**, chairs all Council and Executive meetings,  
Nominated and Elected by: All Residents*

*Position: **Vice-President**, may chair meetings on behalf of the President,  
Nominated and Elected by: All Residents*

*Position: **Treasurer**, serves as treasurer of any Resident-specific funds,  
Nominated and Elected by: All Residents*

*Position: **Past President**, provides background on issues as needed,  
Nominated and Elected by: All Residents*

*Position: **Concordia Village I Members-at-Large** (3-4) Residents  
Nominated and Elected by: Village I Residents*

*Position: **Concordia Village II Members-at-Large** (3-4) Residents  
Nominated and Elected by: Village II Residents*

*Position: **Concordia Village III Members-at-Large** (3-4) Residents.  
Nominated and Elected by: Village III Residents*

## Volunteer Groups

At Concordia Village we have SO many Residents that volunteer daily to make everything run smoothly! This page acknowledges our hard working Volunteers and advertises for any new Volunteers needed.

### Our Outreach Volunteers:

**CV I:** Jim Ross, Peter Czayka

**CVII:** Hilda Epp, Audrey Borody, Jeanne Witwicki, John Tytgat

**CVIII:** Carole Beek, John Bergen, Lillian LaFleche

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Every Sunday we have Volunteer Ushers at our Church service.

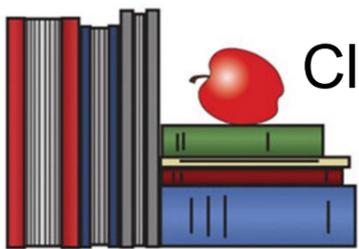
### Our Ushers are:

Don King, Audrey Borody, Joan Baker, Arnold Page, Hilda Epp, Ruth Regehr, Lothar Regehr, Lyle Wilcox, John Bergen, and John Tytgat

We need a few more usher Volunteers.  
If you are interested, please contact **Don King** at 204-663-8903.

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### Our Library keeps running because of our Library Volunteers:



Clara Brazeau, Burt Mitchell, Harry Nightingale, Jean Magnusson & Wayne Magnusson



**THANK YOU TO ALL OUR WONDERFUL VOLUNTEERS!**

**We Truly Appreciate each and every one of you!**

## Environment Services by Ernie Goetz

**“Expect to have hope rekindled. Expect your prayers to be answered in wondrous ways. The dry seasons in life do not last. The spring rains will come again.” — Sarah Ban Breathnach**

What a wonderful humbling reminder that the “dry seasons in life do not last”. The melting snow; the warm sun; the return of our Geese and the tireless work of the Magpie Birds building nests outside, all remind us that we are on the verge of being blessed by the much-awaited Spring and Summer seasons.

On behalf of our Housekeeping and Maintenance Teams I would like to take this opportunity to greet all Concordia Village Residents, your Families and Friends with the hope and prayer of good health as the season of Spring arrives. I would also like to send out a special “welcome” to all our newest Residents who have joined us here at the Village this last year. We can only imagine that it must have been extremely difficult to change your “home” during a world-wide Pandemic. We now have the joy of new hope for a better year ahead with the much-anticipated vaccine roll-out to all our Residents here at the Village in March and April.

We are planning to resume those annual maintenance projects that we had to defer last year.

### **Grounds:**

We are excited for the coming warmer weather. Our path around the Village should be open shortly with the melting snow. Once we can assure that we no longer have dangerous ice patches on the path, we will open the chains.

We are pleased to have First Impressions returning to care for our beautiful property. We are looking forward to the Spring cleaning of our grounds.

There is a lot of gravel to be swept and cleaned from our parking lots and we have already contacted our service providers to do this for as soon as possible. We will be sending out notices once we know the exact dates and will encourage everyone to park their vehicles in the South lots while the cleaning is taking place. We will paint all the parking lines, speed bumps and curbs while the cars are removed.

Geese have returned and will be looking for areas on our property to start their nesting process. Please do not feed and attract the Geese, as we would like to enjoy our outdoor walks and activities without needing to avoid goose droppings.



## Environment Services by Ernie Goetz

### **Maintenance:**

We will have our exterior windows washed once the parking lots have been swept. We will also be resealing suite windows of CV I with new caulking. The service team will be doing this work on ladders so there will be a time where you may see someone outside your window doing work so please do not be alarmed. Once we have the exact date for this work to be done, we will be sending out notices to the Residents of CV I to remind you. We plan this same project at Village II and III in upcoming years.

Maintenance will be scheduling our annual suite inspections shortly and will be coming around to ensure that everything is in good working order. With all the visitation restrictions, we were so happy to see many families visiting via the balconies. We remind Residents living on the main floor not to leave your balcony doors open. Several suites encountered mice that came in while the doors were open.

Just a friendly reminder that we are still a bit early to be turning on the suite air conditioners as the temperatures fluctuate and still drop below freezing preventing the A/C from working.



### **Security:**

We are waiting for new swipe cards to arrive to complete the 2<sup>nd</sup> phase of our Security upgrade. Once we receive the new access cards, we will work at redoing all the swipe cards for our Residents and Family emergency contacts alike and will be informing the appropriate people once the new cards are ready. We will then be terminating any past cards to secure our entry points.

We have heard in the news that the theft of catalytic converters has risen in the City and unfortunately, we have not been spared. We know of 2 Residents who have experienced this most unfortunate frustration. We hope that the Police will find a way to put an end to such thefts. As the weather warms up, we are all eager to enjoy the fresh air. We remind all Residents living on the ground floor to keep your balcony doors locked and leave your windows closed overnight.

If you ever have any questions or concerns about the Environmental Services, please let Reception know.

### **Housekeeping Services**

Due to the Pandemic restrictions and the focus on essential services we had suspended the “Extra Cleaning Services” this past year. We plan to resume offering these extra Cleaning Services in May.

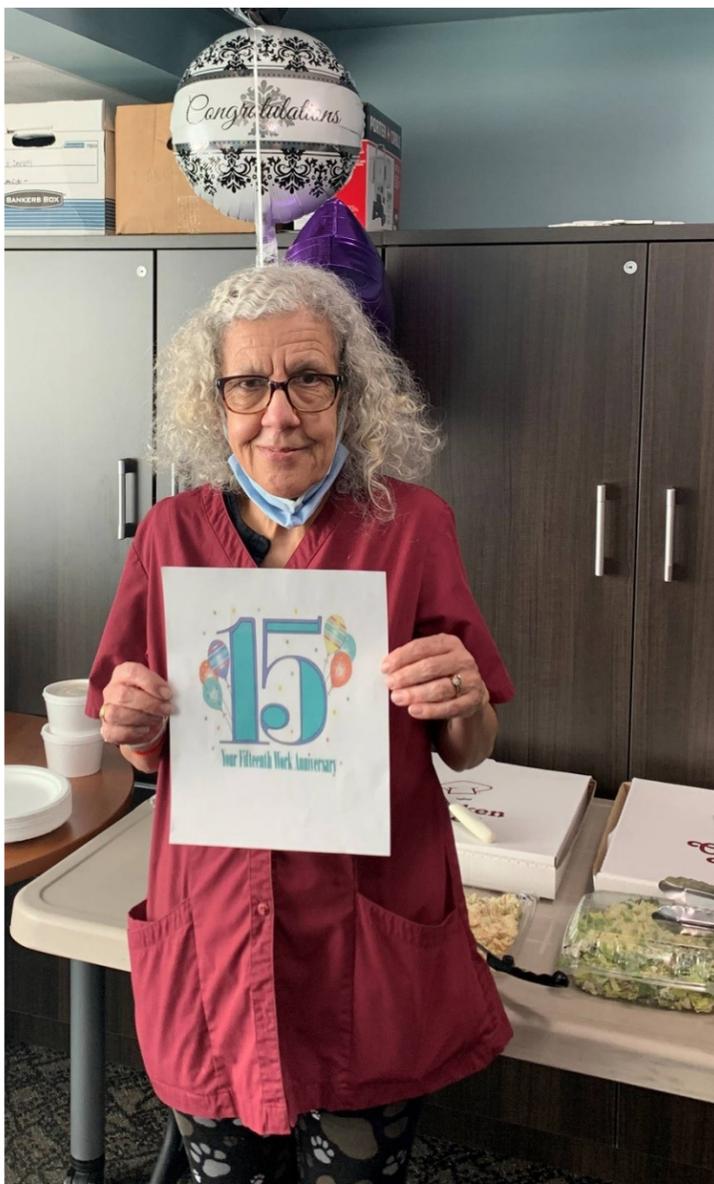
## Environment Services

We would take this opportunity to sincerely thank Martha Dau for her wonderful services over the past 3 years. Martha was the full-time housekeeper in CV II on the 3<sup>rd</sup> floor. We are sad to see Martha leave and wish her all the best in her future endeavors. We would like to welcome and thank Teresita (Tess) Cardona for taking on this permanent full-time position to replace Martha.

We would also like to welcome Tanja Sawatzky to our Team of casual Staff. It is with great joy that we also get to celebrate and acknowledge a significant milestone of: DeAnna Kauenhowen celebrating 15 Years of Service at Concordia Village!!! DeAnna has been with Concordia Village since we opened the building in 2006. We thank you DeAnna, for your compassionate, dedicated work over these past 15 years!!!

I wish each and everyone a most wonderful Spring and Summer ahead!!!

Respectfully  
Ernie Goetz



On February 21st one of our housekeepers, DeAnna Kauenhowen, celebrated 15 years of working at Concordia Village!

The Environment Service team put together a special lunch for her as a thank you for all the hard work Deanna has put in over the years.



I would like to thank management, staff, and Residents for their kind words and congratulations on my 15 year anniversary at Concordia Village. Thank you to my department for the surprise lunch you had for me, I was really surprised and had no idea you went to all the trouble to do this. Thank you to everyone for making the past 15 years so wonderful!

-Deanna

## 2021 FIRE SAFETY UPDATE

Since we have been unable to do a fire drill or fire safety information meetings, we would like to take a moment to share some information.

If you hear the fire bells ringing, no matter what time of the day it is, please treat it as a real fire and evacuate if you can safely do so. If you are unable to evacuate due to mobility issues, please unlock your suite door and shelter in place. Do not use the elevators.

Once the bells go silent the danger is over and you can return to your suite and lock your door.

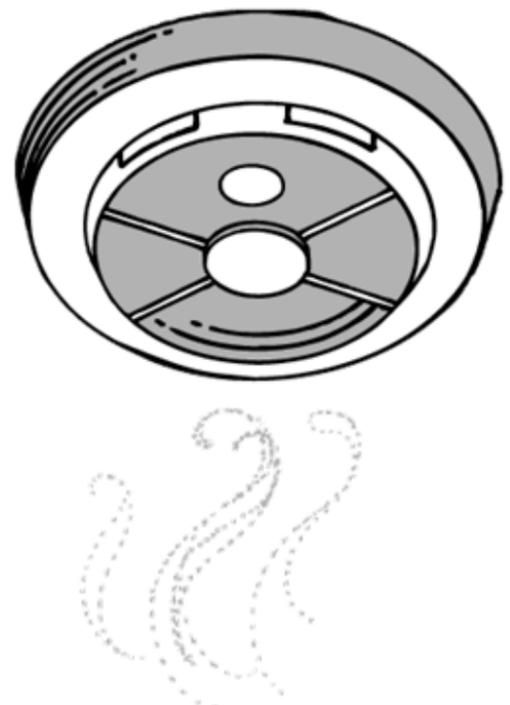
Our in-suite smoke detectors are for your suite only. If this detector goes into alarm, you know there is trouble in your suite, and you will need to investigate.

When the in-suite smoke detector beeps periodically, the backup battery needs replacement. If this happens during the evenings, nights or on the weekends, please call the caretakers for battery replacement right away. During weekdays, please call the front desk or maintenance. If the beeping completely stops, the backup battery is weak, and you no longer have battery backup.

In the very near future we plan to do our fire safety information meetings again.

Stay Safe and enjoy the coming Summer.

Glen Desrochers  
Concordia Village Fire Marshal



## **CONCORDIA VILLAGE FIRE SAFETY TIPS**

- ENSURE THAT YOUR STOVE/OVEN/TOASTER OVEN ARE TURNED OFF BEFORE LEAVING YOUR SUITE**
- DO NOT STORE ITEMS ON YOUR STOVE OR IN THE OVEN**
- IF YOU DON'T USE YOUR OVEN AND STOVE, WE CAN UNPLUG IT TO PREVENT IT FROM BEING ACCIDENTALLY TURNED ON**
- ENSURE CURTAINS AND DRAPES ARE A MINIMUM OF ONE FOOT ABOVE THE BASEBOARD HEATERS**
- KEEP ALL FURNITURE, SOFA, TABLES, BOOKSHELVES, BOXES, ONE FOOT AWAY FROM THE BASEBOARD HEATERS**
- ENSURE ALL ELECTRICAL/PHONE CORDS ARE ONE FOOT AWAY FROM THE BASEBOARD HEATERS**
- PLEASE CLEAN YOUR DRYER LINT TRAP BEFORE EACH USE**
- REAL CANDLES ARE NOT PERMITTED , BATTERY OPERATED CANDLES ARE**
- PLEASE FAMILIARIZE YOURSELF WITH CONCORDIA VILLAGE'S FIRE SAFETY PLAN**
- PLEASE ATTEND OUR ANNUAL RESIDENT FIRE AND LIFE SAFETY INFORMATION SESSIONS**
- IF YOU HEAR THE FIRE ALARM SOUNDING, PLEASE TREAT IT AS A REAL FIRE AND FOLLOW CONCORDIA VILLAGE'S FIRE SAFETY PLAN**



**\*Extra cleaning services are currently on hold**



From time to time our Residents may want extra cleaning services beyond those included in our regular weekly housekeeping duties.

## **HOUSEKEEPING SERVICES**

**1) LAUNDRY – WASH/DRY/FOLD SERVICE \$ 30**

**2) 1/2 DAY EXTRA CLEANING SERVICE WOULD INCLUDE;**

- MOVE FRIDGE & STOVE (CLEANING BEHIND & UNDERNEATH
- CLEAN THE INSIDE OF THE OVEN/FRIDGE
- CLEAN THE KITCHENETTE
- MOVE FURNISHINGS (CLEANING BEHIND & UNDERNEATH
- INTERIOR WINDOWS CLEANED
- WASH WALL MARKS IN ALL ROOMS
- CLEAN ALL IN-SUITE VENTS
- WIPE DOWN PICTURES
- VACUUM FURNITURE **\$ 80**

Please talk to Tammy In Environment Services if you have questions or would like these services.

**@ 204-667-6479 extension 5223.**

## Garbage Pick-up Services

**We ask all Residents to put out your garbage and recycling in front of your doors in the morning (not the night before).**

**There are 2 very important reasons we ask this:**

- 1. We have many visitors that visit family and friends in the evening hours. Garbage and recycling bins in the hallways leave a messy impression for our visitors. Please make sure you bring your recycling boxes into your suite each day. Concordia Village is our home and we want it to stay beautiful.**
- 2. Secondly, the garbage outside your door in the morning is the “Daily Safety Check” for you as Residents. It lets housekeeping staff know that you are up and ok. If the garbage is placed outside your door the evening before and something should happen during the evening or night, we would not notice this because your garbage was outside your door. For everyone’s safety, we ask Residents to support our garbage pick-up routines.**



## **CONCORDIA VILLAGE NO SMOKING POLICY**



### **POLICY STATEMENT**

**SMOKING IS NOT PERMITTED INSIDE ANY OF OUR BUILDINGS, ADJOINING BALCONIES, PATIOS OR GROUNDS.**

Concordia Village is smoke free – building and grounds. This is needed to eliminate fire hazards, irritation and known health risks of exposure to second hand smoke, and to avoid increased maintenance, cleaning and redecorating costs.

Concordia Village Tenant Resource Services screens to avoid incoming smokers during the pre-admission process.

Users of tobacco products must dispose of cigarette ends, lighters and matches in the containers supplied at each canopy of Concordia Village. This will help us keep a safe, neat and clean environment.

**SCOPE** - This policy applies to all Residents, family members, visitors, and guests.

### **ENFORCEMENT OF POLICY**

Failure to comply with this policy will result in disciplinary action taken in the following steps:

1. Warning Letter to the Resident, with copies to their Family Contact(s)
2. Termination of Lease (with 60 days notice), with copies to Family Contact(s) – if there are any further contraventions of this policy after Step 1

# The last few months at Concordia Village in a glimpse



Someone took advantage of the empty parking lot behind building 3 to make snow art.



Behind the scenes of the paintings on the Village Centre doors



Between Residents and staff we were able to collect 200 lbs of food for Winnipeg Harvest along with \$168 in cash to donate. Even Santa came to visit and rejoice!



# HOW TO WEAR YOUR MASK CORRECTLY



- Your mask must cover your mouth **AND** your nose.
- Your mask should not be worn on your chin.
- Do not touch your mask



Shared health  
Soins communs  
Manitoba

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