

THE VILLAGE NEWS

CVI

Antonia Kohut
Doreen Mikulik
Michael Yaremko
Vera Bierwirth
Kathy Unger
Barbara Degroot
Manetta Hohn
Sally Baron
Janice Love
Violet Wood
Joanne Husiak
Marlyn & Edward Duff

Welcome!

CVII

Jean Hird
David & Hermine Olfert
Inge Barthell
Fern Taylor
Bobbie Clarke
John Lucek
Melba Kruschel

CVIII

Joan Reimer
Eunice Sherris
Joan Zuk
Frieda Potempa
Shirley Gilmour
Edward Basarowich
Virginia Sloboda



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Concordia Village Newsletter Summer 2021

Red-breasted Merganser

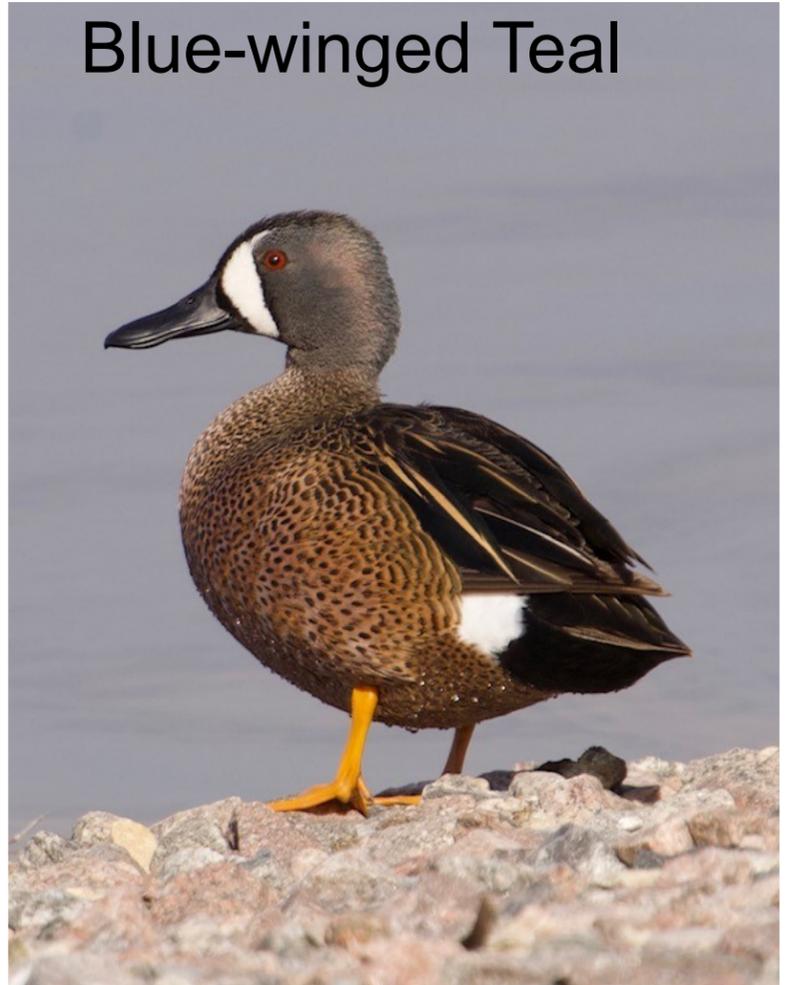


Manitoba birds and wildlife photographed by our very own Michelle Ashcroft

Wood Duck



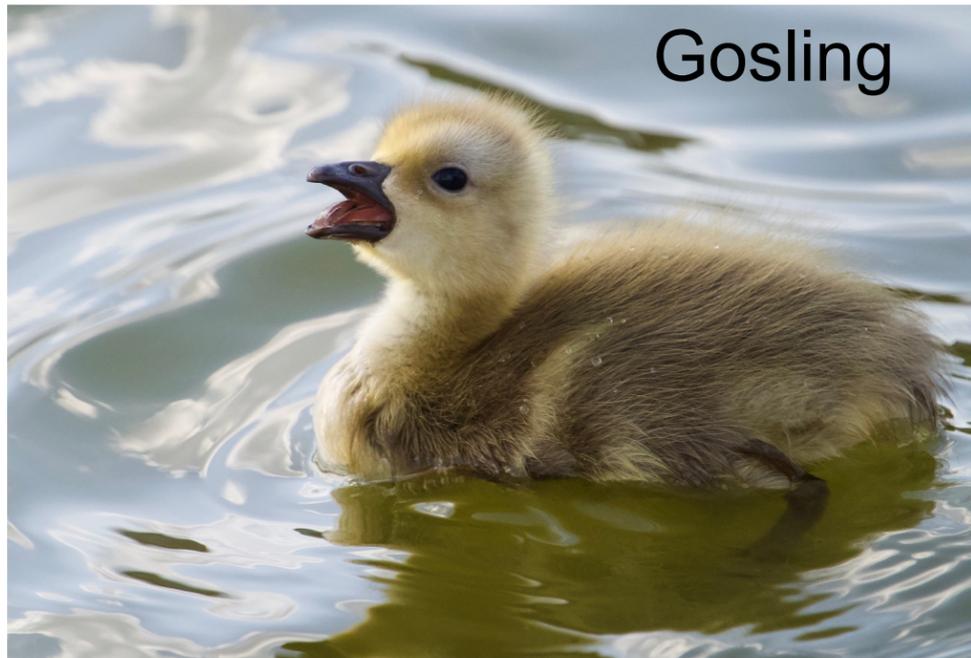
Blue-winged Teal



Northern Shoveler



Gosling



This goose supermom is looking after 28 goslings!



Brown Creeper



Cormorant



Palm Warbler



Ring-neck Duck



Sandpiper



Yellow-rumped Warbler



Dark-eyed Junco



Sandhill Cranes



Chaplain's Corner by Hermann Dueck

Dear residents and employees of Concordia Village, I hope we all enjoy the wonderful summer we are experiencing this year. Manitoba is living up to its reputation of being *Sunny Manitoba*. As I reflected on the beauties of summer, I came across a poem by Matthias Claudius (1740-1815), a German poet and writer, who lived at a time when most of the world's population lived on the land, farmed the land, and felt a closer connection to the land than many 21st century city dwellers do. Following is a portion of one of Matthias Claudius' most beloved poems.

*We plow the fields and scatter the good seed on the land,
but it is fed and watered by God's almighty hand.
God sends the snow in winter, the warmth to swell the grain,
the breezes and the sunshine, and soft refreshing rain.*

*We thank you, Creator, for all things bright and good,
the seedtime and the harvest, our life, our health, our food.
Accept the gifts we offer, for all your love imparts,
And what you most would welcome, our humble, thankful hearts.*

*All good gifts around us are sent from heav'n above.
We thank you Lord, we thank you, Lord, for all your love.*

Matthias Claudius (1740-1815)

This poem, which has been set to music, reflects a profound awareness of humanity's dependence on the giver of all good gifts such as *our life, our health, our food*. I grew up with this hymn; we sang it in school, in church and while working on the fields. Reflecting on it triggers pleasant memories and warm feelings within me, feelings of gratitude, ease, and trust and maybe some feelings of nostalgia for that life long ago on the farm of my parents.

I know full well that none of us, as far as I know, plow the fields and plant grain anymore (though many of us have vivid memories of doing just that), but many of us grow a few plants on our balconies, in our living rooms and in garden plots. Again, and again, I am moved by the mystery of growth. It is awe-inspiring indeed.

Chaplain's Corner by Hermann Dueck

Even though we do not farm, we are very much dependent on those who do. As we know, farming has changed drastically during the last number of decades. It has become very sophisticated. But as experience demonstrates, even the most sophisticated and advanced farming methods cannot guarantee a good crop.

Ultimately, we are at the mercy of the one who sends the snow in winter, the warmth to swell the grain, the breezes and the sunshine, and soft refreshing rain as Claudius puts it so fittingly. Ultimately everything is a gift.

The awareness of this dependence on the giver of all good gifts stirs a profound sense of gratitude in the heart of the poet expressed so aptly and wonderfully in the last two lines of the second stanza, *Accept the gifts we offer, for all your love imparts, and what you most would welcome, our humble, thankful hearts.* Meister Eckhart, one of the great European mystics (a mystic is a person who is keenly aware of the presence of God) said, *if we learn to say thank you, that is enough.* I think that is a saying worth pondering. Gratitude makes all the difference. This does not mean that we gloss over difficulties and ignore them, but I believe it means among other things that despite adversity the basic tone of our lives can be one of gratitude and contentment. May it be so for us!

I wish you all a great summer!

Shalom! Your chaplain, Hermann



Food Services News by Carla Mendres



I would like to thank you all for your continued patience while we have had to keep the dining rooms closed. We are eagerly anticipating the day we get to open up the dining room doors once again as I am sure you are as well! The future looks promising as our province continues to discuss the stages of re-opening.

Thank you also for the kind words and “love letters” we have received and for the ones that many of you have posted on your suite doors. I simply cannot emphasize how much that means to management, servers, and cooks alike. Your expressions of gratitude are keeping our spirits high while we strive to have your nutritional needs met.

We’ve also tried to keep your spirits bright by coming by with little treats when we find some time and we hope you’ve enjoyed them.

Despite the strange times we are going through, it is important to know that we still want your feedback. Many of you may have changing dietary needs and if you need to reach out for nutritional therapy, please call me. We can chat over the phone or in person. Additionally, if you want to limit your movement going into stores and our general store doesn’t have something you’re looking for, I am happy to order food and beverage items for you from my suppliers.

I know some of you prefer half orders at dinner time. We are going to make our best efforts to begin accommodating those requests. If you have other dinner requests please call the kitchen at extension 5240 and speak with one of our team members.

May this window of time be nothing more than a bad memory in the very immediate future! In the meantime, until we can be together again, breathe in the fresh air, take a stroll to smell the flowers, enjoy the sunshine, be kind to yourself, and be kind to others. Most of all, stay positive! Each day that passes is one day closer to being together once more.



Nursing Office *News* by Rachelle

Sun Safety

Spending time outside is a great way to be physically active, reduce stress, and get Vitamin D. You can enjoy the outdoors without raising your skin cancer risk by protecting your skin from the sun. Most skin cancers are caused by too much exposure to ultraviolet (UV) light. UV rays are an invisible kind of radiation that comes from the sun, tanning beds, and sunlamps. UV rays can damage skin cells. Protection from UV rays is important all year, not just during the summer.

How to protect your skin from the sun:

Hat

For the most protection, wear a hat that has a brim all the way around, that shades your face, ears, and the back of your neck. A tightly woven fabric, such as canvas, works best to protect your skin from UV rays. Avoid straw hats with holes that let sunlight through.



Office Hours & Phone Number

The nursing hours are distributed monthly. If you have any questions or concerns, please call the office:
204-667-6479
ext. 5260
Nurse Rachelle



Nursing Office *News* by Rachelle

Clothing & Sunglasses

When possible, wear long-sleeved shirts, long pants and skirts, which can provide protection from UV rays. Sunglasses protect your eyes from UV rays and reduce the risk of cataracts. Sunglasses that block both UVA and UVB rays offer the best protection.



Sunscreen

Apply broad-spectrum sunscreen that blocks both UVA and UVB rays and has an SPF of 15 or higher before you go outside. Put a thick layer on all exposed skin. Sunscreens are assigned a sun protection factor (SPF), which is a number that rates how well they block UV rays. Higher numbers indicate more protection. Spending time outside is a great way to get Vitamin D. However, avoid being in the sun when the UV rays tend to be strongest from 10 a.m. to 4 p.m.



Nursing Office *News* by Rachelle

Shade

You can reduce your risk of sun damage and skin cancer by staying in the shade under an umbrella, tree, or other shelter.



Sun Safety. Division of Cancer Prevention and Control Centres for Disease Control and Prevention, CDC. P. 1-4. April 28, 2021

Tenant Resource & Recreation Services by Mandy, Gabby, Ilona & Team

A VERY HAPPY SUMMER to all our wonderful Residents, Staff, and Families!

Finally, we can all get outside and enjoy the beautiful weather and the grounds of Concordia Village! I love seeing everyone out and about, visiting safely!

This past year has been full of changes, including a lot of moves in and out of Concordia Village. The move in process changed in June of 2020. We now have an Admissions Panel of 5 of us that collectively decide who moves into Concordia Village. Any new prospective Residents now do a "Home Visit Assessment" with me prior to moving in. Last summer, I went to the person's home/apartment and did a bit of an interview with them, just to make sure they were suitable for Concordia Village. Now with the COVID numbers being high, any new people wanting to move in within 2 months or so, come to CV to do the assessment with me in one of the MPR's. After this, I will take them to look at the suite(s) available. Once the visit is over, I go over everything with our Admissions Panel and we decide if the person is a good fit for CV, depending on their independence level. Most times, the person is quite suitable, and they move in within 6-8 weeks. When I do the visit, I always tell them how WONDERFUL and welcoming CV Residents are! Please, if you see a new face, take the time to say hello and welcome! We want all of our new Residents to feel at home and comfortable here as quickly as possible!

With the majority of our CV Residents fully vaccinated, we are hoping that soon the Government will ease restrictions so that you can all enjoy meals in the dining room, Church Services and Recreational programs again! One day we will have big birthday teas, happy hours, exercises, Sobey's shuttle bus once a week, and special outings again! We just need to keep doing what we're doing and it WILL happen!

Stay cool, stay positive and take time to ENJOY the outdoors this summer!

Much love,

Mandy Tremblay

Director of Tenant Resource Services

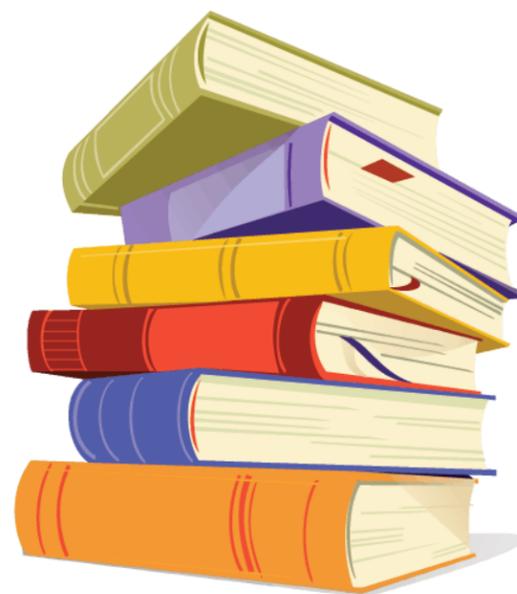


**Tenant Resource & Recreation News by
Mandy, Gabby & Ilona**

Tenant Insurance

A friendly reminder to bring your
Tenant Insurance to the front desk
EACH YEAR when you renew it.
We require a current copy for our files.

We would like to extend a very special thank you to Clara Brazeau, a long time resident of Concordia Village, for making the library what it is today. She started it from the ground up and it would not be organized the way it is without her. Clara has recently moved, and we hope that she enjoys her new home. Thank you Clara for all your hard work and dedication, and giving everyone the opportunity to enjoy the library to the fullest.



IMPORTANT PHONE NUMBERS AT A GLANCE:

AFTER HOURS Building Services.....	204- 667- 6479 ext 5272
HEALTH EMERGENCIES.....	911
Reception, 8:00 AM to 4:00 PM , Monday to Friday.....	204-667-6479
CVI.....	ext 5221
CVII.....	ext 5222
Chaplain.....	ext 5241 (Hermann)
Nurse	ext 5260 (Rachelle)
Director of Environment Services	ext 5258 (Ernie)
Assistant Directors of Environmental Services- Maintenance	ext 5264 (Glen)
- Housekeeping	ext 5223 (Tammy)
Director of Tenant Resource Services.....	ext 5228 (Mandy)
Recreation.....	ext 5229 (Gabby)
	ext 5242 (Ilona)
Chief Financial Officer.....	ext 5224 (Derek)
Director of Food and Nutrition Services	ext 5227 (Carla)
Silva's Styling Hair Salon.....	204-415-7751
(Silvana or Carla)	

Assisted Living Plus

<u>Services</u>	<u>Contact Name</u>	<u>Phone Number</u>
Registered Nurse On-site	Rachelle Reimeier	(204) 667-6479 Ext. 5260
Victoria Lifeline	Service Desk	204-956-6777
Visiting Pharmacist	The Medicine Shoppe	(204) 661-2121
Visiting Pharmacist	Shoppers Drug Mart	(204) 669-1722
Visiting Pharmacist	Munroe Pharmacy	(204) 669-1267
Licensed Optician	A-Z Optical Contact Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Liaison with Home Care	Mandy Tremblay	(204) 667-6479 Ext. 5228
Dental Inquiries	Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Hearing Inquiries	Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Optical Inquiries	Rachelle Reitmeier	(204) 667-6479 Ext. 5260
Flu Shots	Rachelle Reitmeier	(204) 667-6479 Ext. 5260



Resident Advisory Council by Ed Blandford

Hello and happy summer to Residents and Staff,

In this message, I'd like to share with you some thoughts about the power of words. I don't know how many of you have realized that everyday when you wake up, you choose the words you will speak that day. I've discovered that we need to choose our words carefully because they will have an impact on others. This reminds me of a saying from a long time ago "*Boys flying kites pull in their long tailed birds but you can't do that when you're flying words. Thoughts unexpressed may sometimes fall back dead but God himself can't kill them once they have been said.*"

We can use words that are bitter or words that make people better. Our words can speak peace or we can stir up strife.

Our words can instill caution or we can inspire others to take calculated, wholesome risks.

One example of this is to encourage somebody to get the vaccine, especially if that person has put it off or has hesitated to get it. Explain to them the benefits of the vaccine and you can do your best to encourage them to join the majority and get vaccinated.

Our words may encourage solutions or they may cause the problem to be engrained more deeply.

Our words can reek of complaint, or they can be the fragrant language of encouragement.

To quote Stan Toler, author of "The Power of Attitude", he says "by taking responsibility for your own attitudes and actions towards yourself and other people, by being willing to change, to renew your mind and by making positive choices in the words you speak any day, could be the beginning of a new day for you."

Some affirmative words we all can use more often are I love you. I forgive you. I am proud of you. Way to go. Outstanding job! I feel positively certain if anyone said these words to you, it would cause you to feel pretty good, right?

It wouldn't hurt any of us to use positive words, instead of negative ones. One builds us up, the other can destroy. Things like idle talk, rumours, gossip, arguments, insults, careless speech are negative and harmful. From the Holy Bible we read '*The words of the reckless pierce like swords, but the tongue of the wise brings healing*' Proverbs 12:18. '*Those who guard their mouths and their tongues keep themselves from calamity*' Proverbs 21:23.

Resident Advisory Council by Ed Blandford

We are all aware that COVID is far from over, however, I am delighted to hear every day the number of citizens who have been vaccinated. The more the merrier! I hope you are all coping well with this isolation, it has been so long since we've been able to do normal things or see loved ones. Daphne and I are anxiously waiting for the day when our two little grandsons and their Dad can visit us once again from Newfoundland. It seems like a lifetime ago that they've been here to look at our fish tank and visited the Village Store. Tomorrow will be Max's 8th birthday so his Dad has arranged a time for us to Facetime him to sing Happy Birthday. It's wonderful we are able to do this with the distance separating us. Technology has really been a blessing through all of this.

I sincerely hope you are all enjoying the lovely weather we've been having. Just to go out on our balcony to read is a pleasure for some, or bringing your meals outside to enjoy.

I'll leave you all with a couple of jokes.

A lady was picking through turkeys at a grocery store when she asked the clerk if they got any bigger, to which the clerk replied "no ma'am, they're all dead."

It was mealtime during an airline flight and the attendant asked John if he would like something to eat. "What are my choices?" he asked. "Yes or no."

Remember, getting old is a privilege that a lot of people don't get to enjoy.

A very big thank you goes out to all of Concordia Village staff for making sure we are staying safe.

Stay healthy!



Resident Page by Marian Thiessen

TABS FOR WHEELCHAIRS

In our winter newsletter, you were introduced to 3 1/2 year old Ollie from Lorette, who was chosen as the recipient of the 2021 wheelchair. When his family went to the Rehabilitation Centre for Children to get measurements done, they learned that best type of chair for Ollie could be supplied by the Rehab Centre. This has totally been a win-win situation in that Ollie will have the chair he needs and the funds raised from all of the tabs donated this year will be used to present a specialized wheelchair to another very deserving recipient. Her name is Jerzee.

Jerzee is 15 years old and presently in Grade 10 at College Pierre-Elliott-Trudeau in Transcona. She was born nine weeks prematurely and early testing showed that she had suffered some trauma, resulting in a diagnosis of cerebral palsy. A later MRI proved the areas affected were all related to her mobility. Despite this, she has been a very active young lady, participating in sledge hockey, horseback riding, summer camps and her beloved swimming.

Jerzee and her family spend a lot of their summers camping, but unfortunately for the last couple of years, it has been very difficult for her when it comes to being involved in various activities at the campground. Jerzee's current wheelchair is not equipped to deal with the terrain. In the past, the family was able to carry her, but being a teenager, her own independence and being able to be with her friends are a top priority! This new TRAC V wheelchair will be a game changer and allow her the independence she so desperately desires. It will be ordered in the next couple of weeks.

What a wonderful year to honour two deserving children through providing new wheelchairs and giving the gift of mobility and independence! Amazing things can happen through collaboration!



OLLIE



JERZEE

Resident Page by Marian Thiessen

Puzzles, Puzzles, & More Puzzles!

Sometimes a puzzle can be frustrating - to the point where it's no longer fun. The key is to find a puzzle that is good for YOU. We have so many choices: types of artwork, shapes of pieces, subtle or vibrant colours, and total number of pieces. Whether you prefer 100 piece, 1,000 piece or large piece puzzles, you'll find something just right. From castles to cats, from fairies to flowers, from teapots to trains – our selection is awesome. Finding one that fits your taste will motivate you to push through the challenge and leave you craving for the next. Whether it's connecting sections together or putting the last piece of the puzzle in, the feeling is unbelievably satisfying.

There are jigsaw puzzles in progress in many of the common areas throughout our buildings. You are very welcome to join in on the fun. If you prefer to work on a puzzle by yourself, feel free to take one to your suite. We only ask that you return it promptly when you are finished. Enjoy!

A bit of puzzle musing: "Like a piece in a puzzle, you have a unique position to occupy."



Used Stamps for Bibles by Lena Schapansky

Thank you to all who cut off their stamps, leave 1/4" to 1/2" around, and put them into the plastic bags on the bulletin boards near the mail boxes.

The Bible Society also takes books of stamp



collections. If you have any, they can be left at the Reception and I will pick them up.

Thank you again!

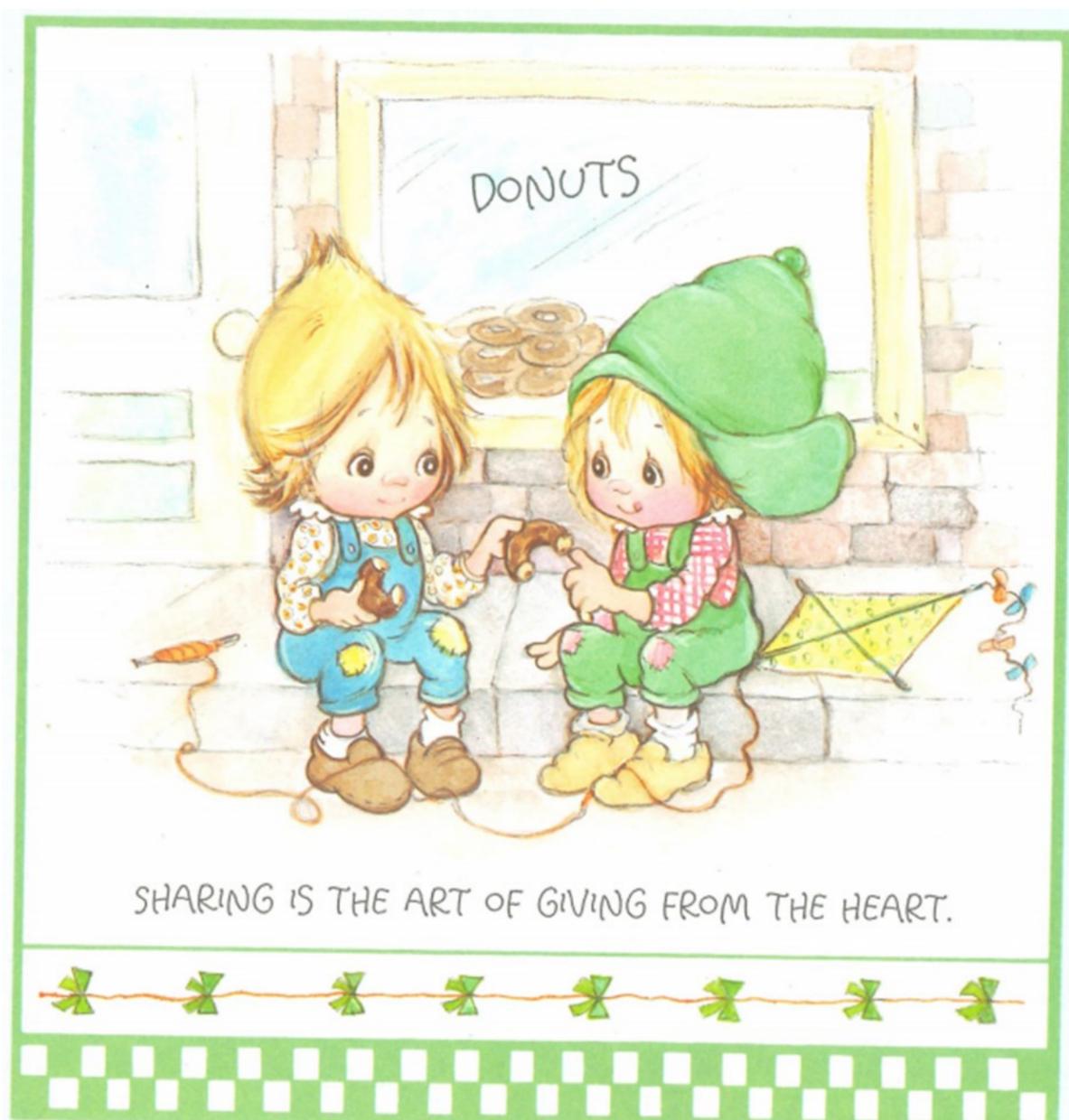
Hallway Chatter By "Felix"

A special prayer for all Residents of Concordia Village:

I said a prayer for you today
And know God must have heard
I felt the answer in my heart although
He spoke no word.
I didn't ask for wealth or fame
I know you wouldn't mind,
I asked him to send treasures
Of a far more lasting kind.



I asked that he be near you
At the start of each new day,
To grant you health and blessings
And friends to share your way.
I asked for happiness for you
In all things great and small,
But it was for His loving care
I prayed most of all.



SHARING IS THE ART OF GIVING FROM THE HEART.

Hallway Chatter By "Felix"

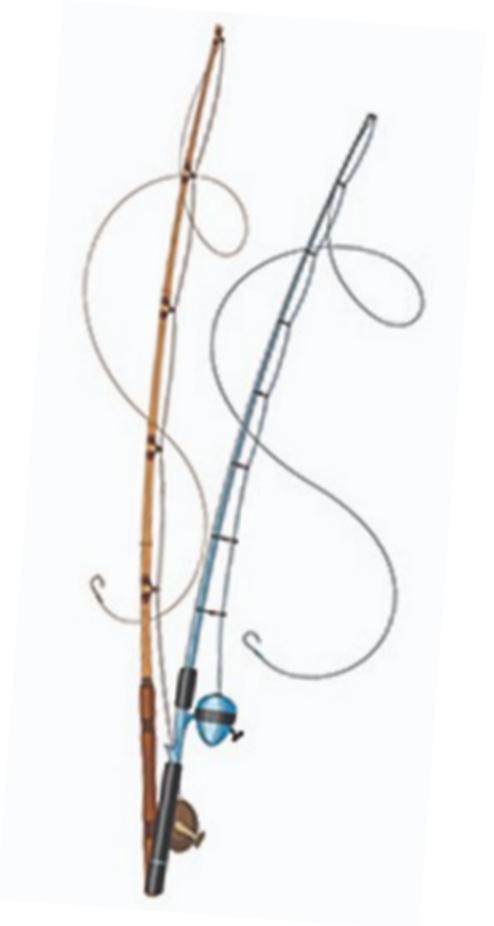
Happy Father's Day

A Dad is a person
who is loving and kind,
And often he knows
what you have on your mind.
He's someone who listens,
suggests, and defends.

A Dad can be one
of your very best friends!
He's proud of your triumphs,
but when things go wrong,
A Dad can be patient
and helpful and strong
in all that you do,
A Dad's love plays a part.
There's always a place for him
deep in your heart.

And each year that passes,
you're even more glad,
More grateful and proud
just to call him your Dad!

Thank you, Dad...
For listening and caring,
For giving and sharing,
But, especially, for just being you!
Happy Father's Day.



Hallway Chatter By "Felix"

To all my intelligent friends

Keep that brain working; try to figure this one out...

See if you can figure out what these seven words all have in common?

1. Banana
2. Dresser
3. Grammar
4. Potato
5. Revive
6. Uneven
7. Assess

Give it another try...

Look at each word carefully. You'll kick yourself when you discover the answer.

Keep those "aging" grey cells active!

~~~~~

Ten things I know about you.

- 1) You are reading this.
- 2) You are human.
- 3) You can't say the letter "P" without separating your lips.
- 4) You just attempted that.
- 6) You are laughing at yourself.
- 7) You have a smile on your face and you skipped number 5.
- 8) You just checked to see if there is a number 5.
- 9) You laugh at this because you are a fun loving person and everyone does it too.
- 10) You are probably going to show this to see who else falls for it.



## Resident Advisory Council 2021

Concordia Village Resident Advisory Council  
Please find below, all the Residents on the  
Resident Advisory Council for 2021.

|                 |              |       |     |
|-----------------|--------------|-------|-----|
| President:      | Ed Blandford | CVII  | 321 |
| Vice President: | Hilda Epp    | CVII  | 315 |
| Treasurer:      | Arnold Page  | CVII  | 204 |
| Past President: | Jane Luchak  | CVIII | 357 |



Members at Large:

### CVI

### CVII

### CVIII

|                       |                     |                      |
|-----------------------|---------------------|----------------------|
| Harry Nightingale 321 | Don King 101        | Carole Beek 265      |
| Tony Lefko 132        | Audrey Borody 222   | John Bergen 170      |
| Peter Czayka 330      | Jeanne Witwicki 117 | Lillian Lafleche 267 |
|                       | John Tytgat 328     |                      |



*In  
Memory*



Please remember the following  
Residents who have passed away since  
March, 2021.

Our thoughts are with  
family and friends of each person.

### CVI

### CVII

### CVIII

Jim Ross  
Myrna Ammeter

Pauline Ahlert  
Dick Krahn  
Carrie Falkingham  
Don Swistun  
Mike Wilson  
Elizabeth Koslowsky  
Stephanie Kroeker

Vi Kowalker

## Resident Advisory Council

### **PURPOSE OF THE “RESIDENT ADVISORY COUNCIL” (All Residents):**

All Residents are automatically members of the Resident Advisory Council, which provides opportunities to recommend service improvements.

Residents may also choose to initiate or organize recreational activities of Concordia Village; such as welcome new Residents to the Village, extend well wishes and support to those in Hospital, initiate or organize fundraising activities (e.g. 50/50 raffle), and ushering at Village Centre events. Funds are used to augment Village activities or donated to selected charities.

The Council meets at least quarterly to provide an opportunity for regular discussion on matters of interest or concern to Residents.

### **PURPOSE OF THE “RESIDENT ADVISORY EXECUTIVE”:**

The Resident Advisory Executive serves the same purpose as the Council, but meets between quarterly meetings when that is needed.

The Executive are nominated and elected by Concordia Village Residents (the Council), as follows:

*Position: **President**, chairs all Council and Executive meetings,  
Nominated and Elected by: All Residents*

*Position: **Vice-President**, may chair meetings on behalf of the President,  
Nominated and Elected by: All Residents*

*Position: **Treasurer**, serves as treasurer of any Resident-specific funds,  
Nominated and Elected by: All Residents*

*Position: **Past President**, provides background on issues as needed,  
Nominated and Elected by: All Residents*

*Position: **Concordia Village I Members-at-Large** (3-4) Residents  
Nominated and Elected by: Village I Residents*

*Position: **Concordia Village II Members-at-Large** (3-4) Residents  
Nominated and Elected by: Village II Residents*

*Position: **Concordia Village III Members-at-Large** (3-4) Residents.  
Nominated and Elected by: Village III Residents*

## Resident Advisory Council

### Concordia Village Resident Advisory Council Financial Statement "Church Account" January 1 - May 31, 2021 Prepared by Treasurer Arnold Page

|                                    | Debit      | Credit    | Balance   |
|------------------------------------|------------|-----------|-----------|
| January 1/21 Balance Forward       |            |           | \$ 322.19 |
| January                            | \$ 300.00  | \$ 161.10 | \$ 183.29 |
| February                           | \$ 504.00  | \$ 588.55 | \$ 267.84 |
| March                              | \$ 808.00  | \$ 798.08 | \$ 257.92 |
| April                              | \$ 927.05  | \$ 853.85 | \$ 184.72 |
| May                                | \$ 405.00  | \$ 221.50 | \$ 1.22   |
|                                    |            |           |           |
| Totals                             | \$2944.05  | \$2623.08 |           |
|                                    |            |           |           |
| Balance Forward                    | \$ 322.19  |           |           |
| Plus Deposits                      | +\$2623.08 |           |           |
|                                    | \$2945.27  |           |           |
| Less Cheques                       | -\$2944.05 |           |           |
|                                    | \$ 1.22    |           |           |
| Agape Table                        | \$ 200.00  |           |           |
| Eden Foundation                    | \$ 200.00  |           |           |
| Feed my Lambs                      | \$ 200.00  |           |           |
| Jocelyn House                      | \$ 200.00  |           |           |
| Lighthouse Missions                | \$ 200.00  |           |           |
| Local Investment toward Employment | \$ 200.00  |           |           |
| Main Street Projects               | \$ 200.00  |           |           |
| Salvation Army                     | \$ 300.00  |           |           |
| Siloam Mission                     | \$ 200.00  |           |           |
| Winnipeg Harvest                   | \$ 200.00  |           |           |
| Winnipeg Intercity Missions        | \$ 200.00  |           |           |
| Sleep in Heavenly Peace            | \$ 200.00  |           |           |
| Mennonite Benevolent Society       | \$ 200.00  |           |           |
| Canadian Lutheran World Relief     | \$ 200.00  |           |           |
| Winnipeg Free Press-Sunshine Fund  | Yearly     |           |           |
| Multiply                           | Yearly     |           |           |
| Total                              | \$2900.00  |           |           |
| Misc. Postage Bank Charges         | \$ 44.05   |           | \$ 1.22   |

## Resident Advisory Council

### Concordia Village Resident Advisory Council Financial Statement January 1 - May 31, 2021 Prepared by Treasurer Arnold Page

|                                                                                 | Debit    | Credit    | Balance   |
|---------------------------------------------------------------------------------|----------|-----------|-----------|
| January 1/21 Balance Forward                                                    |          |           | \$5481.78 |
| Jan 1 Curling Canada<br>Re: Bob English ck#63                                   | \$ 25.00 |           | \$5456.78 |
| Jan 1 Concordia Foundation<br>Re: Mary Wetton ck#64                             | \$ 25.00 |           | \$5431.78 |
| Jan 1 Concordia Foundation<br>Re: Olga Michalchuk ck#65                         | \$ 25.00 |           | \$5406.78 |
| Jan 15 Winnipeg Harvest<br>Re: Sophie Kostycz ck#66                             | \$ 25.00 |           | \$5381.78 |
| Jan 20 Arnold Page<br>Re: Postage ck#67                                         | \$ 18.90 |           | \$5362.88 |
| Jan 31 Bank credit interest                                                     |          | \$ 2.30   | \$5365.18 |
| Jan 31 Bank maintenance charge                                                  | \$ 2.00  |           | \$5363.18 |
| Feb 2 Concordia Foundation<br>Re: Sofia Semkowski ck#68                         | \$ 25.00 |           | \$5338.18 |
| Feb 28 Bank Interest                                                            |          | \$ 2.00   | \$5340.18 |
| Feb 28 Bank maintenance charge                                                  | \$ 2.00  |           | \$5338.18 |
| Balance as per bank statement                                                   |          |           |           |
| Balance as per deposit book<br>\$5338.18                                        |          |           |           |
| March 31 credit interest<br>\$3.27 + \$1.95                                     |          | \$ 5.22   | \$5343.40 |
| Balance as per bank statement                                                   |          |           |           |
| Balance as per deposit book<br>\$5343.40                                        |          |           |           |
| April 5 Mennonite Central Committee<br>Re: Dick Krahn ck#69                     | \$ 25.00 |           | \$5318.40 |
| April 5 Juvenile Diabetes Research<br>Foundation Re: Carrie Falkingham<br>ck#70 | \$ 25.00 |           | \$5293.40 |
| April 13 Concordia Village support for<br>annual activities ck#017938           |          | \$1500.00 | \$6793.40 |

Continued on page 24

## Resident Advisory Council

**Concordia Village Resident Advisory Council  
Financial Statement  
January 1 - May 31, 2021  
Prepared by Treasurer Arnold Page**

|                                                                                                                              | Debit    | Credit  | Balance   |
|------------------------------------------------------------------------------------------------------------------------------|----------|---------|-----------|
| April 13 balance forward                                                                                                     |          |         | \$6793.40 |
| April 30 Service charge + interest                                                                                           | \$ 1.00  | \$ 1.50 | \$6793.90 |
| May 1 United Way<br>Re: Violet Kowalker ck#71                                                                                | \$ 25.00 |         | \$6768.90 |
| May 1 Immanuel United Church<br>Re: Jim Ross ck#72                                                                           |          |         | \$6743.90 |
| May 3 Make-A-Wish Foundation<br>Re: Mike Wilson ck#73                                                                        | \$ 25.00 |         | \$6718.90 |
| May 3 Riverview Health Centre<br>Re: Don Swistun ck#74                                                                       | \$ 25.00 |         | \$6693.90 |
| May 31 Interest                                                                                                              |          | \$ 1.72 | \$6695.62 |
| May 31 Service charge                                                                                                        | \$ 2.00  |         | \$6693.62 |
| Note: as of May 31/21 balance as<br>per bank statement<br>\$6718.62 less outstanding<br>-\$25.00 cheque<br>\$6693.62 Balance |          |         | \$6693.62 |

**Note: if a Resident passes away while still living at  
Concordia Village a \$25 donation is given on behalf of the  
Resident and the Resident Advisory Council**

## Volunteer Groups

At Concordia Village we have SO many Residents that volunteer daily to make everything run smoothly! This page acknowledges our hard working Volunteers and advertises for any new Volunteers needed.

### Our Outreach Volunteers:

**CV I:** Peter Czayka

**CVII:** Hilda Epp, Audrey Borody, Jeanne Witwicki, John Tytgat

**CVIII:** Carole Beek, John Bergen, Lillian LaFleche

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Every Sunday we have Volunteer Ushers at our Church service.

### Our Ushers are:

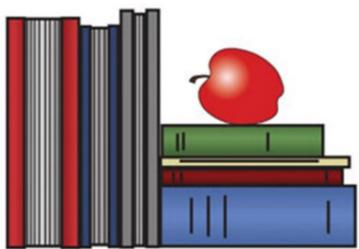
Don King, Audrey Borody, Joan Baker, Arnold Page, Hilda Epp, Ruth Regehr, Lothar Regehr, Lyle Wilcox, John Bergen, and John Tytgat

We need a few more usher Volunteers when Church Services can resume.

If you are interested, please contact **Don King** at 204-663-8903.

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### Our Library keeps running because of our Library Volunteers:



Jean & Wayne Magnusson,  
Burt Mitchell, Harry Nightingale



**THANK YOU TO ALL OUR WONDERFUL VOLUNTEERS!**

**We truly appreciate each and every one of you!**

## 2021 FIRE SAFETY UPDATE

Since we have been unable to do a fire drill or fire safety information meetings, we are sharing the following information. If you hear the fire bells ringing, no matter what time of the day it is, please treat it as a real fire and evacuate if you can safely do so. If you are unable to evacuate due to mobility issues, please unlock your suite door and shelter in place. Do not use the elevators.

Once the bells go silent the danger is over and you can return to your suite and lock your door.

Our in-suite smoke detectors are for your suite only. If this detector goes into alarm, you know there is trouble in your suite, and you will need to investigate.

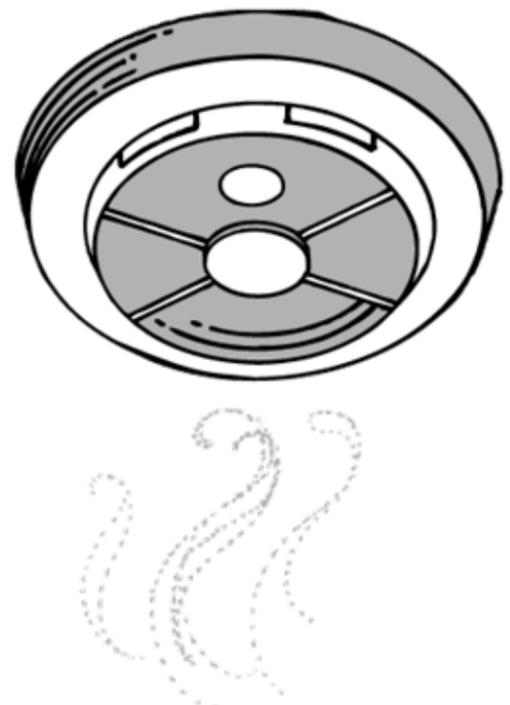
When the in-suite smoke detector beeps periodically, the backup battery needs replacement. If this happens during the evenings, nights or on the weekends, please call the caretakers for battery replacement right away.

During weekdays, please call Reception or maintenance. If the beeping completely stops, the backup battery is weak, and you no longer have battery backup.

In the very near future we plan to do our fire safety information meetings again.

Stay Safe and enjoy the coming Summer.

Glen Desrochers  
Concordia Village Fire Marshal



## **CONCORDIA VILLAGE FIRE SAFETY TIPS**

- ENSURE THAT YOUR STOVE/OVEN/TOASTER OVEN ARE TURNED OFF BEFORE LEAVING YOUR SUITE**
- DO NOT STORE ITEMS ON YOUR STOVE OR IN THE OVEN**
- IF YOU DON'T USE YOUR OVEN AND STOVE, WE CAN UNPLUG IT TO PREVENT IT FROM BEING ACCIDENTALLY TURNED ON**
- ENSURE CURTAINS AND DRAPES ARE A MINIMUM OF ONE FOOT ABOVE THE BASEBOARD HEATERS**
- KEEP ALL FURNITURE, SOFA, TABLES, BOOKSHELVES, BOXES, ONE FOOT AWAY FROM THE BASEBOARD HEATERS**
- ENSURE ALL ELECTRICAL/PHONE CORDS ARE ONE FOOT AWAY FROM THE BASEBOARD HEATERS**
- PLEASE CLEAN YOUR DRYER LINT TRAP BEFORE EACH USE**
- REAL CANDLES ARE NOT PERMITTED , BATTERY OPERATED CANDLES ARE**
- PLEASE FAMILIARIZE YOURSELF WITH CONCORDIA VILLAGE'S FIRE SAFETY PLAN**
- PLEASE ATTEND OUR ANNUAL RESIDENT FIRE AND LIFE SAFETY INFORMATION SESSIONS**
- IF YOU HEAR THE FIRE ALARM SOUNDING, PLEASE TREAT IT AS A REAL FIRE AND FOLLOW CONCORDIA VILLAGE'S FIRE SAFETY PLAN**



From time to time our Residents may want extra cleaning services beyond those included in our regular weekly housekeeping duties.

## **HOUSEKEEPING SERVICES**

**1) LAUNDRY – WASH/DRY/FOLD SERVICE \$ 30**

**2) 1/2 DAY EXTRA CLEANING SERVICE WOULD INCLUDE;**

- MOVE FRIDGE & STOVE (CLEANING BEHIND & UNDERNEATH
- CLEAN THE INSIDE OF THE OVEN/FRIDGE
- CLEAN THE KITCHENETTE
- MOVE FURNISHINGS (CLEANING BEHIND & UNDERNEATH
- INTERIOR WINDOWS CLEANED
- WASH WALL MARKS IN ALL ROOMS
- CLEAN ALL IN-SUITE VENTS
- WIPE DOWN PICTURES
- VACUUM FURNITURE **\$ 80**

Please talk to Tammy in Environment Services if you have questions or would like these services.

@ 204-667-6479 extension 5223.

## Garbage Pick-up Services

**We ask all Residents to put out your garbage and recycling in front of your doors in the morning (not the night before).**

**There are 2 very important reasons we ask this:**

- 1. We have many visitors that visit family and friends in the evening hours. Garbage and recycling bins in the hallways leave a messy impression for our visitors. Please make sure you bring your recycling boxes into your suite each day. Concordia Village is our home and we want it to stay beautiful.**
- 2. Secondly, the garbage outside your door in the morning is the “Daily Safety Check” for you as Residents. It lets housekeeping staff know that you are up and ok. If the garbage is placed outside your door the evening before and something should happen during the evening or night, we would not notice this because your garbage was outside your door. For everyone’s safety, we ask Residents to support our garbage pick-up routines.**



## **CONCORDIA VILLAGE NO SMOKING POLICY**



### **POLICY STATEMENT**

**SMOKING IS NOT PERMITTED INSIDE ANY OF OUR BUILDINGS, ADJOINING BALCONIES, PATIOS OR GROUNDS.**

Concordia Village is smoke free – building and grounds. This is needed to eliminate fire hazards, irritation and known health risks of exposure to second hand smoke, and to avoid increased maintenance, cleaning and redecorating costs.

Concordia Village Tenant Resource Services screens to avoid incoming smokers during the pre-admission process.

Users of tobacco products must dispose of cigarette ends, lighters and matches in the containers supplied at each canopy of Concordia Village. This will help us keep a safe, neat and clean environment.

**SCOPE** - This policy applies to all Residents, family members, visitors, and guests.

### **ENFORCEMENT OF POLICY**

Failure to comply with this policy will result in disciplinary action taken in the following steps:

1. Warning Letter to the Resident, with copies to their Family Contact(s)
2. Termination of Lease (with 60 days notice), with copies to Family Contact(s) – if there are any further contraventions of this policy after Step 1



## Victoria Lifeline is so much more than a help button.

If your health or mobility has recently changed and you're looking for more protection, Victoria Lifeline has you covered.

**The AutoAlert** fall detection pendant is designed to automatically call for help when you can't. AutoAlert is available to residents at a reduced rate of only **\$13.95/month**.

For protection at home and on the go, the **GoSafe Mobile Service** is only **\$31.95/month**. With advanced location technology, GoSafe can help you be active & safe this summer!

Call (204) 956-6777 today to upgrade or visit **[www.victorialifeline.ca](http://www.victorialifeline.ca)** for more information.



# World's Greatest Dad

The following words can be found vertically, horizontally, diagonally, forward, and backward.



DAD  
DINNER  
FAMILY  
FATHER  
FISHING  
GIFTS  
HOLIDAY

HUGS  
KISSES  
LOVE  
NECKTIE  
PARTY  
SPORTS  
TOOLS

