

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2024



Please check the daily recreation board as programs are subject to change without notice

2:00 Worship Service: VC
6:30 Movie Evening: VC "Queen Bees"



4 **10:00 Nails by Gina:** CVII Hair Salon
11:00 Exercises: VC & CVIII 3rd FI
1:00 Canasta: VC
1:30-3:30 CV Store: VC
2:00 Matchstalk Men: VC
7:00 Card Bingo: VC

5 **10:30 Beach Volleyball:** VC
10:30 Canadian Trivia: VC
10:45 Sobey's Shuttle
1:15 Knitting Club Meeting: CVII MPR
2:00 Bible Study: VC
2:00 Horse Races Game: VC
7:00 Hymn Sing: VC
7:00 Whist: CVIII 3rd FI

6 **9:45 St Vital Mall Outing** 7
***Must sign up**
9:45 Current Events: Hermann's Office
11:00 Exercises: VC & CVIII 3rd FI
1:30-3:30 CV Store: VC
2:00 Bocce Ball: VC
7:00 Cribbage: CVIII 3rd FI

10:30 Shufflebowl: CVIII 3rd FI
11:00 Prayer Circle: VC
2:00 Roll-O-Trump: VC
2:00 Darts: CVIII 3rd FI
7:00 Bingo: VC

1 **10:00 Mass: VC** 2
11:00 Axe Throwing Game: VC
1:30-3:30 CV Store: VC
2:00 Jerry Hallock: VC



Groundhog Day

3 *No Chair Dancing*
1:00 Canasta: VC
2:00 Denny Bouchard: Elvis Impersonator: VC
NEW ENTERTAINMENT

2:00 Worship Service-11 Communion: VC
5:30 Superbowl LVIII Viewing Party: VC



11:00 Exercises: VC & CVIII 3rd FI
1:00 Canasta: VC
1:30-3:30 CV Store: VC
2:00 Geoff Erickson: VC
7:00 Card Bingo: VC

12 **10:30 Beach Volleyball:** VC
10:30 Canadian Trivia: VC
10:45 FreshCo Shuttle
2:00 Bible Study: VC
2:00 Round Tables: VC
7:00 Hymn Sing: VC
7:00 Whist: CVIII 3rd FI

Mardi Gras

13 **11:00 Exercises: VC** 14
& CVIII 3rd FI
1:30 Valentine's Day Ice Cream Social and special music videos to follow: VC ****For Residents only****
No Store or Bocce Today
7:00 Cribbage: CVIII 3rd FI

Valentine's Day

15 **10:30 Shufflebowl:** CVIII 3rd FI
11:00 Prayer Circle: VC
2:00 Roll-O-Trump: VC
2:00 Darts: CVIII 3rd FI
7:00 Bingo: VC


16 **10:00 Mass: VC** 17
11:00 Yoga: VC
1:30-3:30 CV Store: VC
2:00 Muddy Water Gold Band: VC

18 **11:00 Chair Dancing** 19
(upbeat exercising to music): VC
1:00 Canasta: VC
2:00 Documentary: VC "Our Great National Parks- Chilean Patagonia"

Chinese New Year (Year of the Dragon)

2:00 Worship Service: VC
6:30 Movie Evening: VC "NYAD"



18 **Louis Riel Day**

1:00 Canasta: VC

Presidents' Day (US)

19 **9:00 South Beach Outing** 20
***Must sign up**
10:15 Superstore Shuttle
10:30 Beach Volleyball: VC
10:30 Canadian Trivia: VC
2:00 Bible Study: VC
2:00 Horse Races Game: VC
7:00 Hymn Sing: VC
7:00 Whist: CVIII 3rd FI

21 **9:30 Manitoba Museum & Smitty's Lunch Outing** 22
***Must sign up**
9:45 Current Events: Hermann's Office
11:00 Exercises: VC & CVIII 3rd FI
1:30-3:30 CV Store: VC
2:00 Bocce Ball: VC
7:00 Cribbage: CVIII 3rd FI

22 **10:30 Shufflebowl:** CVIII 3rd FI
11:00 Prayer Circle: VC
12:15 A Baker's Story: VC
1:30 Crafts: VC
2:00 Darts: CVIII 3rd FI
7:00 Bingo: VC

23 **1:00 February Birthday Tea with 50/50 draw: VC** *For Residents only
1:20 B Side Apostles: VC




2:00 Worship Service: VC
6:30 Movie Evening: VC "The Secret: Dare to Dream"

25 **11:00 Exercises: VC** 26
& CVIII 3rd FI
1:00 Canasta: VC
1:30-3:30 CV Store: VC
2:00 Linda Koley: VC
7:00 Card Bingo: VC

27 **10:15 Walmart Shuttle** 28
10:30 Beach Volleyball: VC
10:30 Canadian Trivia: VC
2:00 Bible Study: VC
2:00 Round Tables: VC
7:00 Hymn Sing: VC
7:00 Whist: CVIII 3rd FI

29 **11:00 Exercises: VC** & CVIII 3rd FI
1:00-1:50 CV Store: VC
2:00 Advanced Healthcare, POA, and Will Presentation: VC
No Bocce Today
7:00 Cribbage: CVIII 3rd FI

29 **10:30-12:30 Cheryl's Shopping Bag: VC**
10:30 Shufflebowl: CVIII 3rd FI
11:00 Prayer Circle: VC
2:00 MBCI Senior Jazz Concert Band: VC
7:00 Bingo: VC


If you ever have any questions about signing up for outings or about programs, please see the front desk, or one of the members of the recreation team, and we would love to help!