

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2026



		August 2026						 		11:00 Chair Exercises with Paola: VC 1:00 Canasta: VC 7:00 Scrabble: CV3-3 rd FL			
2:00 Worship Service: VC 6:30 Movie Evening: VC "Summer Camp"		2	10:00 Nails by Gina: CVII Hair Salon 1:00 Canasta: VC 5:25 Ukrainian/Kyiv Folklorama Outing *Must be signed up No Bingo	3	10:30 Canadian Trivia: VC No Beach Volleyball Today 10:45 Sobey's Shuttle 2:00 Ladderball & Bag Toss: Outside CV2 dining room 2:00 Bible Study: CV2 MPR 7:00 Whist: CV3-3 rd FL No Hymn Sing	4	9:45 Current Events: Hermann's Office 11:00 Exercises: VC & CV3-3 rd FL 1:30-3:30 CV Store: VC 1:45 Floor Curling: VC 5:20 Chilean Folklorama Outing *Must be signed up 7:00 Cribbage: CV3-3 rd FL	5	9:30 Outdoor Walking Club: Meet in VC 10:00 Prayer Circle: Hermann's Office 10:30 Shufflebowl Bingo: CV3-3 rd FL 2:00 Golf Program: Outside CV2 Dining Room 7:00 Bingo: VC	6	10:00 Mass: VC 11:00 Axe Throwing: VC 1:30-3:30 CV Store: VC 1:30-3:30 Family Fun Day Lunch Ticket Sales: VC 2:00 The Dream Catchers Entertaining: VC	7	11:00 Chair Dancing-Upbeat Exercises: VC 1:00 Canasta: VC 7:00 Scrabble: CV3-3 rd FL
2:00 Worship Service: VC No Movie Evening		9	11:00 Exercises: VC & CV3-3 rd FL 1:00 Canasta: VC 1:30-3:30 CV Store: VC 1:30-3:30 Family Fun Day Lunch Ticket Sales: VC 2:00 David St Germain: VC NEW ENTERTAINMENT 7:00 Card Bingo: VC	10	10:30 Canadian Trivia: VC 10:30 Beach Volleyball: VC 10:45 FreshCo Shuttle 2:00 Outdoor Bocce Ball: Outside CV2 dining room 2:00 Bible Study: VC 5:30 Caribbean Folklorama Outing *Must be signed up 7:00 Whist: CV3-3 rd FL 7:00 Hymn Sing: VC	11	10:00 Outdoor Exercises: Outside CV2 Dining Room 11:00 Exercises: VC 1:30 Storytime with Hermann Group 1: CV2 MPR 1:30-3:30 CV Store: VC 2:00 Round Tables: VC 7:00 Cribbage: CV3-3 rd FL	12	10:00 Prayer Circle: Hermann's Office 10:30 Shufflebowl: CV3-3 rd FL 12:15-12:45 L&M Bakeshop: VC 2:00 Roll-O-Trump: VC 2:00 Darts: CV3-3 rd FL 5:30 Salvadorian Folklorama Outing *Must be signed up 7:00 Bingo: VC	13	11-2 Mary Kay Sales Table: VC 11:00 Axe Throwing: VC 1:30-3:30 CV Store: VC 1:30-3:30 Family Fun Day Lunch Ticket Sales: VC 2:00 Captain Lazy Keys Kirk Entertaining: VC NEW ENTERTAINMENT	14	11:00 Chair Exercises with Paola: VC 1:00 Canasta: VC 7:00 Scrabble: CV3-3 rd FL
2:00 Worship Service: VC 6:30 Movie Evening: VC "Ghost Town"		16	11:00 Exercises: VC & CV3-3 rd FL 1:00 Canasta: VC 1:30-3:30 CV Store: VC 1:30-3:30 Family Fun Day Lunch Ticket Sales: VC 2:00 Rice & Beans: VC NEW ENTERTAINMENT 7:00 Card Bingo: VC	17	10:15 Superstore Shuttle 10:30 Crossword Program: VC 10:30 Beach Volleyball: VC 12:30-4 Art in the Park: Outside VC 2:00 Ladderball & Bag Toss: Outside CV2 dining room 2:00 Bible Study: VC 7:00 Whist: CV3-3 rd FL No Hymn Sing	18	9:45 Outlet Mall Outing *Must sign up 9:45 Current Events:Hermann's Office 10:00 Outdoor Exercises: Outside CV2 Dining Room 11:00 Exercises: VC 1:30 Storytime with Hermann Group 2: CV2 MPR 1:30-3:30 CV Store: VC 1:45 Floor Curling: VC 7:00 Cribbage: CV3-3 rd FL	19	9:30 Outdoor Walking Club: Meet in VC 10:00 Prayer Circle: Hermann's Office 10:30 Shufflebowl Bingo: CV3-3 rd FL 2:00 Golf Program: Outside CV2 Dining Room 7:00 MB Millenium Band: VC	20	10:00 Mass: VC 11:00 Axe Throwing: VC 1:30-3:30 CV Store: VC 1:30-3:30 Family Fun Day Lunch Ticket Sales: VC 2:00 Terry & Greg Entertaining: VC NEW ENTERTAINMENT	21	11:00 Chair Dancing-Upbeat Exercises: VC 1:00 Canasta: VC 7:00 Scrabble: CV3-3 rd FL
2:00 Worship Service-Communion: VC No Movie Evening		23	11:00 Exercises: VC & CV3-3 rd FL 1:00 Canasta: VC 1:30-3:30 CV Store: VC 1:30-3:30 Family Fun Day Lunch Ticket Sales: VC 2:00 Keith Dyck Entertaining: VC 7:00 Card Bingo: VC	24	10:15 Walmart Shuttle 10:30 Canadian Trivia: VC 10:30 Beach Volleyball: VC 2:00 Outdoor Bocce Ball: Outside CV2 dining room 2:00 Bible Study: VC 7:00 Whist: CV3-3 rd FL 7:00 Hymn Sing: VC	25	10:00 Outdoor Exercises: Outside CV2 Dining Room 11:00 Exercises: VC only 1:30-3:30 CV Store: VC 2:00 Round Tables: VC 7:00 Cribbage: CV3-3 rd FL	26	10:00 Prayer Circle: Hermann's Office 10:30 Shufflebowl: CV3-3 rd FL 12:15-12:45 L&M Bakeshop: VC 2:00 Roll-O-Trump: VC 2:00 Darts: CV3-3 rd FL 7:00 Bingo: VC	27	1:00 August Birthday Tea with 50/50 Draw and Haskins Street Band Entertaining: VC *Residents only	28	No Chair Dancing 1:00 Canasta: VC 7:00 Scrabble: CV3-3 rd FL
2:00 Worship Service: VC 6:30 Movie Evening: VC "Forever My Girl"		30	8:45 South Beach Casino Outing *Must be signed up 11:00 Exercises: VC & CV3-3 rd FL 1:00 Canasta: VC 1:30-3:30 CV Store: VC 1:30-3:30 Family Fun Day Lunch Ticket Sales: VC 2:00 Two Strong Winds Entertaining: VC 7:00 Card Bingo: VC	31	 *Please note that all outdoor activities may be adjusted based on weather conditions! In the event of rain or excessive heat, programs will be moved to the Village Centre. Be sure to check the daily activity screens for the latest updates. *August 18- stay tuned for more details about Art in the Park led by the Valley Gardens Art Group								