

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:30 Canadian Trivia: VC 10:30 Beach Volleyball: VC 10:45 Sobeys Shuttle 2:00 Bible Study: CV2 MPR 2:00 Round Tables: VC 7:00 Whist: CV3-3 rd FL <i>No Hymn Sing</i>	9:45 Current Events: Hermann's Office 11:00 Exercises: VC & CV3-3 rd FL 1:30 Storytime with Hermann Group 1: CV2 MPR 1:30-3:30 CV Store: VC 1:45 Floor Curling: VC 7:00 Cribbage: CV3-3 rd FL	10:00 Resident & Staff Townhall: VC *for ALL to attend 12:15-12:45 L&M Bakeshop: VC 2:00 Roll-O-Trump: VC 2:00 Darts: CV3-3 rd FL 7:00 Bingo: VC	10:00 Mass: VC 11:00 Axe Throwing: VC 1:30-3:30 CV Store: VC 2:00 Music 4 U entertaining: VC	11:00 Chair Dancing-upbeat exercises: VC 1:00 Canasta: 7:00 Scrabble: CV3-3 rd FL
10:30 Al Viflanzoff Memorial Service: VC 2:00 Worship Service: VC <i>No Movie Evening</i>	1:00 Canasta: VC 7:00 Card Bino: VC 	10:30 Canadian Trivia: VC 10:30 Beach Volleyball: VC 10:45 Giant Tiger Shuttle 12:00 Meeting of the Resident Advisory Executive: CV2 MPR 2:00 Bible Study: CV2 MPR 2:00 Ladderball & Bag Toss: Outside CV2 Dining Room 7:00 Hymn Sing: VC 7:00 Whist: CV3-3 rd FL	11:00 Exercises: VC & CV3-3 rd FL 1:30-3:30 CV Store: VC 2:00 Bocce Ball: VC 7:00 Cribbage: CV 3-3 rd FL	<i>No Prayer Circle</i> 10:30 Shufflebowl: CV3-3 rd FL 1:30 CV Olympic Games *ALL are welcome to come play: Outside CV2 Dining Room 7:00 Bingo: VC	10:30 Name that Tune: VC <i>NEW PROGRAM</i> 1:15 Ice Cream Social and CV Olympics reward Ceremony: VC *Resident only 2:00 Andre Viallet and Kevin Entertaining: VC Rosh Hashanah Begins	11:00 Chair Exercises with Paola: VC 1:00 Canasta: 7:00 Scrabble: CV3-3 rd FL
2:00 Worship Service: VC 6:30 Movie Evening: VC <i>"Don't Say Good Luck"</i> Grandparents Day	10:00 Nails by Gina: CV2 Hair Salon 11:00 Exercises: VC & CV3-3 rd FL 1:00 Canasta: VC 1:30-3:30 CV Store: VC 2:00 East West Connection Entertaining: VC 7:00 Card Bingo: VC	11:00 General Meeting *For ALL Residents: VC 12:45 FreshCo Shuttle <i>No Bible Study</i> 2:00 Round Tables: VC 7:00 Hymn Sing: VC 7:00 Whist: CV3-3 rd FL	9:45 St Vital Mall Outing *Must sign up 9:45 Current Events: Hermann's Office 11:00 Exercises: VC & CV3-3 rd FL 1:30-3:30 CV Store: VC 1:30 Storytime with Hermann Group 2: CV2 MPR 1:45 Floor Curling: VC 7:00 Cribbage: CV3-3 rd FL 7-9 VG Art Group: CV1 MPR	10:00 Prayer Circle: Hermann's Office 10:30 Shufflebowl Bingo: CV3-3 rd FL 12:15-12:45 L&M Bakeshop: VC 2:00 Roll-O-Trump: VC 2:00 Darts: CV3-3 rd FL 7:00 Filharmonic Ensemble Entertaining: VC	10:00 Mass: VC 11-2 Mary Kay Sales Table: VC 11:00 Axe Throwing: VC 1:30-3:30 CV Store: VC 2:00 B Side Apostles Entertaining: VC	12-2 Family Fun Day *ALL ARE WELCOME: Outside of VC 7:00 Scrabble: CV3-3 rd FL Oktoberfest Begins
2:00 Worship Service-Communion: VC 6:30 Movie Evening: VC <i>"Green Book"</i> 	11:00 Exercises: VC & CV3-3 rd FL 1:00 Canasta: VC 1:30-3:30 CV Store: VC 2:00 Vic Phillips and the Invisible Guy Trio Entertaining: VC 7:00 Card Bingo: VC	10:15 Superstore Shuttle 10:30 Canadian Trivia: VC 10:30 Beach Volleyball: VC 2:00 Bible Study: CV2 MPR 2:00 Ladderball & Bag Toss: Outside CV2 Dining Room 7:00 Hymn Sing: VC 7:00 Whist: CV3-3 rd FL Autumn Begins	10:00 The Forks & Spaghetti Factory Outing *Must sign up 11:00 Exercises: VC & CV3-3 rd FL 1:00 Coffee Party with Elmwood-East Kildonan Councillor Emma Durand-Wood: CV2 MPR 1:30-3:30 CV Store: VC 2:00 Bocce Ball: VC 7:00 Cribbage: CV3-3 rd FL 7-9 VG Art Group: CV1 MPR	10:00 Prayer Circle: Hermann's Office 10:30 Shufflebowl: CV3-3 rd FL 1:00 Crafts: VC 2:00 Darts: VC 7:00 Bingo: VC	11:00 Yoga for Anxiety: CV2 MPR 1:00 September Birthday Tea with 50/50 Draw and Deception Drive Entertaining: VC *Residents Only Sukkot Begins	11:00 Chair Dancing-upbeat exercises: VC 1:00 Canasta: 7:00 Scrabble: CV3-3 rd FL
2:00 Worship Service: VC 6:30 Movie Evening: VC <i>"The Pink Panther"</i>	11:00 Exercises: VC & CV3-3 rd FL 1:00 Canasta: VC 1:30-3:30 CV Store: VC 2:00 The Mosaics Entertaining: VC 7:00 Card Bingo: VC	10:15 Walmart Shuttle 10:30 Crossword Program: VC 10:30 Beach Volleyball: VC 2:00 Bible Study: CV2 MPR 2:00 Round Tables: VC 7:00 Hymn Sing: VC 7:00 Whist: CV3-3 rd FL	7:00 Cribbage: CV3-3 rd FL 7-9 VG Art Group: CV1 MPR 	September 2026 		